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# AND THE NOMINEES AR

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- ACTOR IN A SUPPORTING ROLE

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  2. John Hawkes Winter's Bone

  3. Jeremy Renner The Town

  4. Mark Rulfalo The Kids Are All Right

  5. Geoffrey Rush The King's Speech

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- ACTRESS IN A SUPPORTING ROLE
- Amy Adams The Fighter Helena Bonham Carter The King's Speech Melissa Leo The Fighter Hailee Steinfeld True Grit Jacki Weaver Animal Kingdom

## Alice in Wonderland Harry Potter and the Deathly Hallows: Pt.1

- The King's Speech True Grit

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GARNEAL







MAKE UP

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 The Way Back
 The Wolfman

COSTUME DESIGN

MUSIC (ORIGINAL SCORE) . 127 Hours How to Train Your Dragon Inception
 The King's Speech
 The Social Network

MUSIC (ORIGINAL SONG)

"If I Rise" - 127 Hours
"Coming Home" - Country Strong
"I See the Light" - Tangled
"We Belong Together" - Toy Story 3

Alice in Wonderland Harry Potter and the Deathly Hallows: Pt.1 Hereafter

B. C. Se . N. . N.

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- 4. The Lost Thing 5. Madagascar, a Journey Diary

- SHORT FILM LIVE ACTION

- DOCUMENTARY FEATURE

  1. Exit Through the Gift Shop

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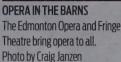
Inception
The King's Speech

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thefront

YESTERDAY AT WORK I WAS WATCHING THIS, AND THINKING, COOL. IT'S -30 OUT. AND WE'RE FEEDING TO THE GRID.

NEWS FEATURE · NET ZERO HOUSES

# SAVING GREEN BUILDING GREEN



## BY MAURICE TOUGAS

It's a cold February morning, with the temperature barely nudging -25C. Inside a Mill Creek home shared by Conrad Nobert, his wife Rechel Amores and their two young children, it's cool but comfortable. Very comfortable, in fact, if you take into consideration their home doesn't have a furnace.

The Nobert-Amores home looks like any other from the front, but if you go around the back — where you'll find a garden and the three different fruit trees in the summer months — you'll see more than 30 solar panels, some on the roof, others on movable awnings. It's all part of the Nobert-Amores family's efforts to make as small an imprint on the planet as humanely possible, and as a hedge against the future.

It's what is called a net zero home, one of only two in the city, with more in the construction and planning state.

A net zero building is one that produces all of its own energy for heating, lighting, appliances, and hot water on site over the course of a year. To do this, the house might draw on the power grid during the cold winter months, but sell back to the grid during the summer or warmer winter days. The net result, if all goes well, is zero.

Whether the Nobert-Amores home — or the first Edmonton net zero home in Riverdale — has achieved actual net zero is not entirely clear. Nobert has been scrupulously gauging his energy production and use this year, and so far it looks promising. Nobert expects they might be able to achieve net zero from the period of October 2010 to October 2011.

## SAVING YOUR POCKET BOOK

But even if it doesn't achieve the net zero effect, you have to

be envious of his power bill, which is about \$25, a month, all of which is service charges. And, thanks to the absence of a furnace, there is no natural gas being used, resulting in a remarkable level of savings. To gauge how much, just look at your gas bill for a month like January, and imagine that entire bill, with its laundry list of incomprehensible riders and usage fees, all

Raised by parents who taught him the value of conservation, Nobert is a dedicated environmentalist (he doesn't even own a car). He and Rechel did everything you can do with their previous house, just a few doors down from their current house, like replacing windows and improving insulation.

Still, that wasn't enough

"I realized that it was still consuming a huge amount of energy," says Nobert. "We don't really have a good idea, because it just comes in from a pipe in the basement. But the amount of energy used was massive."

Worried about climate change, and the potential for energy scarcity — one day, he warns, there will be no natural gas left — he and his wife decided to go big and go home, and the easiest way to do that was to start from scratch. Net zero, or even coming close to it, isn't just a matter of improving insulation and using energy-efficient appliances. The net zero effort begins, literally, from the ground up.

In 2008, he "deconstructed" a house that stood on the site of his current net zero home, saving the fir and maple flooring, the brickwork and the interior doors for use in the new house.

Now with just a hole in the ground, they planned a house that would "push the envelope" of energy conservation, aiming for a net zero house.

## PVDPDT UCT

This is not the kind of project that one undertakes without expert help. And this is where Peter Amerongen comes in.

Amerongen has been designing energy efficient houses since the early 1980s. His company, Habitat Studio & Workshop, has designed, built or renovated about 400 housing projects across Western Canada, and is responsible for designing Edmonton's two attempts at net zero homes, first in Riverbend and now in Mill Creek.

He acknowledges that the net zero homes in Edmonton have yet to reach that elusive goal of being a fully net zero, but then, nobody has tried to build a net zero house this far north.

"We were overly complex with the first one, but we've been able to simplify quite a bit as we've gone through it. In all of them, aggressive conservation has been the starting point."

So what's the difference between a new home, no matter how energy efficient, and the net zero home? There are three key design decisions made for the net zero home, which could apply to any new home being built, if the owner wants it.

First, the walls are 16 inches thick, filled with blown-in cellulose fibre insulation that is made with recycled newspapers. A critically important insulation decision involved pouring the concrete slab over a five-inch layer of insulating foam.

"It's like a big, foot-and-a-half inch sweater around the house,

Second, the house is sealed tight as a drum.

"It's like living in a plastic bag," Nobert says. (Naturally, a house sealed that tight needs improved air circulation, which comes courtesy of a heat recovery ventilator, or HRV. Both the

BUILDING GREEN cont'd on p. 4

exhaust and outdoor air streams pass through HRV, and the heat from the exhaust air is used to pre-heat the outdoor air stream. An HRV is able to recover 70 to 80 per cent of the heat from the exhaust air and transfer it to the incoming air.)

Third, the windows are the best you can buy. They have three panes of glass and are coated for maximum energy efficiency. As Nobert explains, these windows are as energy efficient as a wall in some houses. Indeed, they are quite warm to the

These three design decisions cost them less than \$25,000, and got them 80 per cent of the way towards their net zero goal.

The next big step, and the most complex and costly, is solar power.

The house has 32 solar panels - 20 on movable awnings, and 12 on the roof - that generate electricity when the sun is out. When they are snow covered, solar panels are useless. But any amount of sun melts the snow, and the panels are at such an extreme angle that most the snow falls off.

The panels are in the back of the Nobert-Amores house, with an unobstructed south view allowing for maximum sunlight. You can do the same in a regular house, but that much sunlight coming in will heat up a house to sauna-like temperatures during the day. The solution to that, Nobert says, is the use of thermal mass - in this case, 2 1/2" of concrete floors, using 10 tonnes of

concrete in October when the sun is low and streaming into the house, the concrete acts as a heat battery, absorbing the heat during the day and releasing it at night. The house has a wood burning stove, the heat from which would be absorbed by the concrete floor.

A solar hot water heater, which is not "super effective" in the winter,



Nobert checks out his heat recovery unit.

supplies the house on a summer day with almost 100 per cent solar heated water.

Of course, even the best built house needs some artificial heat during an brutal Edmonton winter. And while they have no furnace, the house does have electric baseboard heaters in all the rooms, each with its own control so there is no heating up an empty room. (During my visit, he turned off the baseboard heating because the day's sun will heat the house.)

Even energy efficient windows, su-

per insulation and solar panels aren't enough, house designer Amerongen points out

"The only way that it is remotely possible is to drastically reduce the amount of energy you're using. There just isn't enough space on the average urban lot for enough collectors to even begin to get all of the energy used by a typical house.

There is no escaping the use of electricity, but there are ways to reduce its usage. For example, the Nobert-Amores don't have an electric dryer; they've been hang-drying their laundry for a decade.

While most of us wait till we get our monthly power bill and gasp in horror at how much we owe, Nobert uses a web program that measures how much electricity is house is using - or redistributing to the grid in real time.

"Yesterday at work I was watching this, and thinking, cool, it's -30 out, and we're feeding to the grid."

The house is "smart enough" that it knows when to convert electrons from the sun for use in the house, so only surplus power is redistributed to the grid. All of this, of course, adds to the cost of the house. Producing your own energy on site is quite expensive - the solar panels cost about \$50,000 - so they only pay off about two per cent.

"But compared to an SUV, the payoff is amazing," he's quick to add.

Aside from the long-term cost savings, Nobert is comforted by the fact he has "energy security.

"In 40 years, these (solar panels) are going to be a financial asset still. They will be generating most of what they generate now. I don't think you can get that safe of an investment anywhere."

So why aren't there more net zero or near net zero houses?

The conventional building industry doesn't have the time, and consumers aren't demanding it because they don't know to. A lot of houses look nice, but they don't know they're buying an energy pig."

Amerongen wishes consumers were more knowledgeable about their choices when building new home. For anyone thinking of building a house today, the key is a higher level of insulation and air tightness throughout the building, and that includes the best windows you can

"I think there is really a need for more consumer education. On a cost basis, going to net zero is not something you can justify on today's energy prices. But building a cost on today's energy costs is short sighted."

His clients are not just looking at cost savings, but are willing to spend the money because it's the right thing to do. Super insulating a home under construction can add about \$15,000 to the cost, but if you can achieve EnerGuide level of 86 (the max is 100), you'll get a \$10,000 grant from the government. That makes the payback on energy costs very short.

(The federal government has produced an EnerGuide listing for houses, similar to that seen on appliances. New House build to building code standards should have an EnerGuide of 65-72; a new house with some energy-efficiency improvements should reach 73-79; and energy-efficient new house 80-90; and a house requiring little or no purchased energy, like a net zero house, rates 91-100.)

There is tremendous interest in net zero housing in Edmonton, Amerongen says. His firm has another net zero house under construction and two more under construction.

"I've also been involved very peripherally in an apartment building that has the potential to achieve net zero. Our company also has another 10 ultra energy efficient houses finished or under construction."

He also knows of four other net zero houses under construction.

"From discussions with people from across the country I'd say that there is more net zero and near net zero activity in Edmonton than anywhere in the country. We should be proud as heck."

Amerongen says he's building energy efficient homes not just for the present, but for the future.

"I'm worried about looking my kid in the eye in 30 years when things are all going to hell. I want to be able to tell him I did what I could."

You can follow Nobert's posting about his attempt at a net zero lifestyle at www.greenedmonton.ca

## Three Wishs For Alberta Ave, Feb. 10 2011, SEE Magazine #898.

I am happy to see something positive about 118th Avenue in the paper for once. I have lived on the avenue for about six months now, and although I enjoy the change of pace, I have to say I am concerned about the lack of a police presence. I lived just off of Whyte up until now, and there was a never ending assortment of police to make me feel safe. Living on 118th I almost never see any, except when I call them myself. Although there have been many positive strides made to making 118th a better place, the fact that there have been several murders within a five block radius of my house in the last little while makes me concerned. I hope that the We Believe in 118 campaign will continue

making a difference, but we need more con-

ALEXANDRA PENTYLIUK

lust read the Three Wishes article and I wanted to say a huge thanks for the great story. We are so excited about the new relationships and positive nature of all of the community's work. It just sheds light on what a community really can do!

CHRISTY MORIN, ARTS ON THE AVE

I live in the Alberta Ave area, just steps from 118 itself, and I really enjoyed this article and its focus on someone who is trying so hard to make our neighbourhood a better place. It's a fantastic community, and the work of people like Kris Andreychuk goes so far in helping it be the place we want it to be!

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> Look for ads that show some love and have a little heart throughout our paper and see who has participated in this special fundraiser.



# Freedom At 55? Not Bloody Likely



**OUTSIDE POLITICS MAURICE TOUGAS** THE COUNTDOWN TO RETIREMENT BEGINS. WHERE DO I STAND?

As a rule, I don't like to get personal in this column. I don't mind getting personal about others, but I don't like to get personal about myself. But this week, due to an important event in my life and my utter lack of a real column topic, I will get deeply, deeply personal. It may even include the term colonoscopy, so be prepared.

My birthday is this Saturday. Birthdays come along pretty much every year, in my experience. But this one is significant, in that it will be begin and end with a five. Or, put yet another way, 10 years to retirement.

These days, a lot of people say and apparently believe - that 50 is the new 40, which is to say that today's 50-year-old is more like a 40-year-old because we're in better shape and more active than in the past. Or maybe it just has something to do with Botox. But if we follow this line of thinking, that must mean 55 is the new 45, and who the hell wants to be 45?

So here I am at 55, which sounds like as good a time as any to take stock of my life situation. There are three things that dominate the thinking of people in their 50s: finances, health, and whether you're still with it. How well do I stack up?

Finances: Remember that Freedom 55 ad campaign from London Life? It dates back to 1984, and held out the promise of retiring at age 55 instead of the traditional 65. Well, here I am, two days away from 55, and it's looking like I'm not going to be able to retire by Saturday. Even retirement at 65 seems dicey. My retirement plan right now is to sell my house, cash in my RRSP, move to Thailand and live in a cave. That should give me enough cash to live for 10 years. After that, I plan to return to Canada and become a burden to my children, five years with one, the next five with another, then five more with whomever draws the short straw and has to take care of me in my Depends years. It's only fair, because I blame my present precarious financial position entirely on my sons. Turns out, raising offspring from childhood to adulthood is expensive. Who knew? So when my wife and I get old, I fully expect my sons to take care of us, since we sacrificed so much for them. And no, I haven't told them this yet. Until now.

Health: The other day, a fellow downhill slide friend of mine asked me what medications I was on. He's on about a half-dozen meds, which he assumed was average for guys in our age bracket. When I told him I wasn't on any regular medication, I was rather proud of myself: 55 and medication-free! I must be in good shape. Or ... maybe I'm just willfully

A report on Canadian drug use says the average Canadian fills 14 prescriptions a year, so apparently I'm not doing my part. TV commercials are always telling me to ask my doctor about Lipitor, or Nexium, or Singulair, or Plavix or Abilify, despite side effects that range from slight drowsiness to death. I've tended to ignore this advice, since my doctor would not appreciate it if I made an appointment just to ask him about Lipitor. I've had one check up in the last 10 years, and I figure if everything seems to be working fine, it's best to just carry on, just like when that 'check engine' light up on your dashboard. I think if I go for a check up, my doctor is bound to find that my cholesterol is so high that it could cause spontaneous heart explosion. Sometimes, it's best not to know. (I py, which is practically de rigueur for guys post-50. It came out clean, so to speak, so I figured I had endured a day of fasting and Drano-like laxatives for nothing.)

Still with it: There is a mental component to aging that can't be ignored. I used to pay close attention to popular culture, in hopes that I could still claim to be "with it", whatever it is. Now, I've pretty much given up. I just don't get a lot of stuff anymore. I don't get today's top 40 music, which is almost universally terrible (Lady Gaga is just an even less talented Madonna). I don't get popular culture's obsession with vampires. I don't get tattoos, particularly getting one on your back; what's the point of a tattoo you can't see? I don't get why people like the Kardashians are famous, what they are, or why they exist. I don't get why people go on Twitter to tell the world they are having a cup of coffee. I don't get professional video game players. I don't get

So there you have it. Nearing 55, and my financial situation is precarious, my health is fine as long as I ignore it, and I've given up trying to be with it, because whatever it is isn't worth being with.

In other words, I'm a typical mid dle-aged Canadian male.

NEWS - PROTEST

# Remembering Murdered **And Missing Women**

**EVENT ALWAYS DIFFICULT FOR** SISTER OF GEORGINA PAPIN

## BY CURTIS HAUGEN

In the crowded basement of Sacred Heart Church on 96th Street, Elana Papin and her daughter sit at a table writing notes on a neon green poster board with pictures of their sister and aunt Georgina Papin. The lovely aboriginal woman smiling from the photos was one of Robert Pickton's victims in Port Coquitlam over a decade ago

The mother and daughter - and the nearly 200 people milling around them - are set to participate in the Valentine's night march for missing and murdered women.

"My sister was murdered," says Elana Papin. "But all the women who have died of violence have brought us together tonight. So we are all a family because we are all human be-

Papin and her daughter have been attending the annual march for four years now and although she says it is still a difficult event for her, she finds comfort in the large crowds that gather each year.



Protesters walked from Sacred Heart Church to City Hall. | PHOTO BY CURTIS HAUGEN

people marching this year (across Canada), and that means we have that many friends and sisters alongside us," she says, wiping tears from

Danielle Boudreau created the Edmonton March in 2005 after hearing of a similar one started in Vancouver. The St. Paul resident was spurred into action by the murders of her two close friends, Rachel Quinney and Ellie May Meyer.

"People think these women are just

"I've heard there could be 10,000 crack heads or high risk and it was OK for them to die," she says, "but these women are sisters and aunties

> Boudreau knows that all too well. Two years after starting the march, her sister was stabbed to death.

"Because I have lost so many women in my life to violence, this is what

This year's attendance is up from last year's, according to Boudreau. She was also happy to see so many male faces in the crowd.



# frontlines

# THE WEEK BEGAN WITH AN OLD SOLDIER RUNNING EGYPT. IT ENDED WITH DIFFERENT OLD SOLDIERS RUNNING EGYPT

-American political risk consultancy Stratfor, as quoted by Reuters.

## POLICE DATABASE TOO INTRUSIVE

The provincial government is spending \$65 million on a new crime busting tool that will allow cops across the province to share information in real time about anyone who comes into contact with the law.

On the surface, it's a great idea. In our crime obsessed society, anything that gives the police greater ability to catch the bad guys generally gets a thumbs up from the public. Perhaps it's this hysteria over crime that gave the government the feeling that it could play fast and loose with the information. There are troubing aspects of the database — known as Talon — that should be of concern to law abiding Albertans.

Talon goes a step beyond the information contained in the existing Canadian Police Information Centre (CPIC), which collects details about pending charges and conviction records. Talon will be much more detailed, including unproven allegations, personal information, and 911 calls. As Liberal MLA Laurie Blakernan puts it, Talon will traffic in "unverifiable gossip, innuendo and speculation".

And there are further concerns. Unlike CPIC, police will not need a reason to access the information stored on Taion. It will be there, instantly, at their fingertips, no questions asked. We'd like to believe that no cop in Alberta would abuse this information, but we know that isn't true.

There is also no way a citizen can access whatever information that may be in the database about themselves. Since the database also includes allegations and rumours, not just cold hard facts about convictions and charges, there is a real possibility of scurrilous gossip finding its way into a police database without anyone's knowledge.

As it stands, the Talon database presents a genuine threat to privacy. It contains too much unsubstantiated information, is too easily accessed by police and not open enough to those whose name may be in the database.

## **MUCH WORK AHEAD FOR EGYPT**

The protests may be over, but the hard work of establishing a true democracy has just begun for Egyptians.

The new leader is Fie id Marchal Mohammed Tantawi, the head of the Supreme Military council and Hosni Mubarak's former defence minister. The military will be in charge for six months, or until elections are completed. Amendments to the constitution will be completed in 10 days. These two points are worrisome. As political timelines go, 10 days for constitutional arreforms is absurd. The constitutional arrendments will be harried to say the least, and there's no time for groups outside the current power structure to get organized. (Canada's own

constitutional wrangling went on for years and still weren't properly resolved.)

Nor is there in clear date for the transfer of power. This is tricky because organizing partities will take a considerable amount of time, but the country is also eager for an election. For it's part, the military council could set a quick election to subvert emerging political parties. Or they could delay indefinitely. The military council's recent actions are not encouraging. Protests for higher wages and benefits were stopped when the council banned labour meetings. Still, Egypt has taken a step towards democrary.

Hopefully, the council will allow the country to move forward in a peaceful manner.

## BY THE NUMBERS . WORLD OIL PRICES

Since the uprisings in the Arab world, there's been talk of escalating oil prices.

Here's a look at recent and historical oil prices, per barrel.

Source: U.S Energy Information Administration/oil-price.net





POINT OF VIEW - WORLD

# A New Hope For Egypt



MYTOWN SCOTTLINGLEY
MUBARAK'S FALL DOESN'T
SOLVE EVERYTHING, BUT THE
UPRAISING SHOULD MAKE

WESTERNERS OPTIMISTIC

The elevation of political leaders to iconic status is not unusual in the Middle East. In Dubai, images of the late Sheikh Zayed bin Khalifa Al Nahyan, the man credited with bringing the UAE into the modern era, were nigh-ubiquitous, from the enormous portrait hoisted above the central roadway that bears his name to airbrushed enshrinement on the spare-tire covers and back windows of immense gleaming SUVs. In Oman's capital, Muscat, portraits of Sultan Qaboos are a standard fixture on streetlights and just about everywhere else. Beirut's neighbourhoods are practically a gallery of contending political leaders and martyrs past and present that changes from block to block - assassinated Lebanese prime minister Rafiq Hariri

and his son Saad were particularly prominent a few years ago, but it was a shock to drift out of a relatively European-looking streetscape and be greeted by the west-hating countenance of Ayatollah Khomeini glowering down from the side of a bullet-scarred building.

Comparatively, President Hosni Mubarak's visage got little play as a public icon when I visited Egypt five years ago. Aside from a billboard depicting his recognizable hawk-like profile and improbably black hair that greeted travellers debarking in Sinai from a Red Sea ferry originating in Jordan, the man who had ruthlessly ruled Egypt for close to three decades following the assassination of predecessor Anwar Sadat didn't seem to be peering at you from every wall and shop window. All the same, the fact of his impact on the country was more than conspicuous.

Mubarak's face wasn't on the currency, but the Egyptian pound — or "bound" as it's called by Egyptians, who routinely substitute b's for p's — is symbolic of the president's caretaking abilities. For one thing, it was worth almost nothing thanks to the country's free-falling economy and the use of a volatile floating exchange rate that left the pound vulnerable to plunges in value. For another, a

lot of the money I saw in Egypt had been in circulation so long it was as filthy and decrepit as the nation's neglected infrastructure, and the use of paper currency for even very small amounts — 25 piastres was worth about eight cents — made it easy for tourism operators and other shysters to rip off the unwary via similar-looking denominations.

Small-time grifts come with the territory when visiting Egypt, which boasts some of the most relentless and aggressive touts anywhere. This was fairly understandable in light of the fact that about 40 per cent of Egypt's population gets by on less than two dollars a day — every piastre you can carve out of some bloated, sun-burned westerner has got to be worth the trouble. By contrast, a recent article in the Guardian estimated that Mubarak and his two sons amassed a collective fortune of around \$70 billion during his reign.

Given the reduction in tourist volume precipitated by direct attacks on foreigners at Egypt's most famous monuments and the anti-Muslim panic spread by 9/11, it's little wonder that walking down the street in Luxor, home of the Valley of the Kings, was like running a gauntlet of outthrust hands and thinly predicated

MY TOWN cont'd on pg. 7

# Herbs For Your Hangover



HOLISTICHEALTH ROBERTA SHEPHERD MILK THISTLE HELPS REVIVE YOUR LIVER, GALLBLADDER AND KIDNEYS

As someone who used to behave quite excessively when it came to intoxicants, I know that this kind of behavjour over time makes for poor functioning of the eliminative organs and systems like the gallbladder, kidneys, digestive system, lymphatic system and especially the liver. All of these organs and systems - in harmony with all other parts of the body work simultaneously to rid the body of accumulated toxins and wastes. When the body gets overloaded with toxins, it starts to break down. I don't believe it's a worthy expenditure of mental energy to regret choices and behaviours from the past. Rather, it's a worthy practice to learn from one's mistakes and make corrections and improvements where possible. So how have I managed to heal the tissues of my body that suffered at my own hand?

First, it took a major overhaul of my diet that formerly included lots of packaged and processed foods, sugars and white flour. All of these are considered "dead" foods since they do not come from the earth and if they do, they've been refined by man. Only foods that are living fruits and vegetables, naturally occurring grains, pure water, herbal

teas, proteins and unheated fats have the necessary properties for healing and regenerating tissues. So long as I continued to consume a great deal of "dead" foods, I was maintaining an overly acidic internal environment, which facilitates disease.

Permanently altering my diet was one step I took towards creating a more health-promoting physical terrain. I also pursue periodic cleanse processes, which involve limiting the diet to foods that promote the excavation of toxins and healing of tissues. It's one thing to change your lifestyle to promote wellness, but one must consider the fact that toxins will hang around and potentially wreak havoc on the body down the road if they're not excavated via cleansing. Please an experienced health practitioner for guidance with altering your nutrition and/or pursuing a cleanse process.

One of the most integral parts of "cleaning up my act" was using herbs that helped further excavate toxins and targeted the healing of specific tissues. One of the primary herbs I used was milk thistle. In my estimation, milk thistle is somewhat of a miracle herb. As reviewed in Matthew Wood's book: The Book Of Herbal Wisdom: Using Plants As Medicines (matthewwoodherbs. com), milk thistle is native to Europe though has been cultivated in north America. It's mostly the seed of the plant that's used, though the fruit has also proven useful. Milk thistle is primarily indicated for healing the liver, while it also has an affinity for the lymphatic system, the spleen and the kidneys - all of which are integral to the body effectively eliminating toxins and fighting disease. Milk thistle

is an antihepatotoxic, meaning that it prevents toxins from depositing in the liver. Moreover, it clears the liver of toxic congestion and is actually known to regenerate liver tissue. In this sense, milk thistle is a valuable application for cirrhosis and hepatitis. Milk thistle is also indicated for over-exposure to occupational toxins such as glues, solvents and paints and overuse of pharmaceuticals.

If one chooses to indulge, much preventive relief can be found in the use of milk thistle. Take milk thistle about three times during the day leading up to the indulgence, once or twice in the midst of the indulgence and again the morning after. In every instance that I've seen this method applied (I've used it myself numerous times), it's eliminated the possibility of hangover.

While some herbal practitioners prefer to save milk thistle for serious and often fatal cases, I've often recommended it for clients.

Milk thistle increases the metabolism of all drugs taken concurrently and should not be used when pregnant or breastfeeding unless otherwise recommended by a professional. It is suggested to take breaks in dosage when using milk thistle for liver regeneration and protective qualities. Please consult with an experienced herbal practitioner before taking milk thistle. If you are suffering from diseases of the liver due to excessive behaviour, please consult with your physician.

Roberta Shepherd teaches in the Holistic Health Practitioner Program at Grant MacEwan University and is a practitioner at Prana Holistic here in Edmonton

holistichealth101@gmail.com

## MY TOWN (cont'd from p. 6)

"friendliness" calculated to sell you papyrus or alabaster. Every cab ride included an unwanted diversion to a carpet shop; a moment's eye-contact resulted in a demand for "baksheesh" — a gratuity detached from the provision of any product or service.

Luckily I had no direct experience of the repression, wrongful imprisonment and torture for which Mubarak's regime was criticized, but the discomfiting evidence of his war of attrition against Islamists and other disenfranchised elements abounded. Farmers along the southern reaches of the Nile were forced to cut their sugarcane fields back 100 metres from the roads so that terrorists couldn't shoot at tourist vehicles, a band-aid solution. In addition to prominent police and military presences everywhere, there was a contingent of shifty, avoidance-worthy "tourist police" assigned to guard hotel entrances, ATMs, heritage sites and any conveyance carrying four or more westerners. Almost a decade after an attack at the Temple of Hatshepsut in Luxor killed 58 tourists, the landmark's most conspicuous feature was still its contingent of dodgy dudes in berets swinging around massive automatic weapons. During a visit to a famous temple in &dfu, tourist police surrounded the minivan I was in and informed us it was too dangerous for us to get out of the vehicle to buy soft drinks.

For all the anxiety such experiences caused, the thing I remember most about my time in Egypt - aside from a bout of debilitating intestinal distress incurred during a felucca trip down the Nile - was the warmth and humour of its people, even when they were trying to squeeze a couple of extra bucks out of you. From shopkeepers in Dahab who sat me down with tea and sheesha so they could practice their English to the gaggle of young men on an intercity bus who cracked me up by comically lip-synching to the hyper-serious music of Arabian chanteuse Oum Kalthoum buzzing out of the bus speakers, to the cab driver who solemnly kissed me on both cheeks when he dropped me off for my flight home, there was such a genuine desire to make contact with the wider world and display some of the hospitality for which Arabs are known, it was easy to forgive a little chiselling here and there. There was, after all, nothing personal about just trying to survive.

So while paranoid cynics this past week were watching the protests and proclaiming the impending fall of the Middle East to Muslim fanatics bent on establishing a globe-spanning, freedom-hating caliphate, I thought of the millions of Egyptians just like those I met who suddenly had something more to hope for than barely getting by under a thoroughly corrupt, rights-abusing kleptocracy. A happy ending is probably a long ways off, but a popular uprising that actually achieves such grand aims is rare and wonderful enough that it's worth getting one's hopes up.

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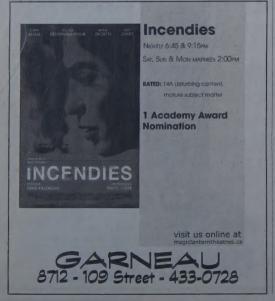
The Volunteer Citizen of the Year Award is presented by Direct Energy and the Alberta Weekly Newspapers Association (AWNA).

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To enter, visit directenergy.com/vcoy or awna.com







COLUMN - D AND A

# **Kitties Keeping Kosher?**





STRAIGHT DOPE CECIL ADAMS
HOW COME PET FOOD
SELDOM CONTAINS PORK?

Over many years of buying pet food for a variety of domestic co-inhabitants, I have noticed the "wet" varieties purport to be made from any number of meats and fishes. I can immediately recall cat and/or dog food made of beef, lamb, liver, tuna, salmon, chicken, turkey . . . the list seems almost endless. But it never, and I mean NEVER, includes pork. I discard as preposterous the notion that cats and dogs might keep kosher, or follow Islamic halal principles. Surely you can shed some light.—Mike Lucey

When I go shopping for cat food, how come I never see any with pork in it? - Wendy, Saint Paul

I go to the cat food section in the store, and there are all kinds of tasty-sounding flavours: chicken, seafood, lamb and rice. So why do I never see pork on the shelf? Do cats consider the pig an unclean animal because it doesn't have fur to lick? I asked you this a long time ago, but I guess you're stumped. —Sharon, feeder of cats

The first time I got this question I ignored it, reasoning as follows: who cares? The second time I thought: these fricking cat people ought to form a support group and leave the rest of us alone. The third time was from Sharon, who not only continued to harp on the issue but construed my ongoing failure to grapple with it as proof that I couldn't.

I'll confess this wounded my vanity. I roused my assistants Una and Fierra, who after the exhausting labors of recent weeks were looking forward to spending the rest of the winter whittling around the stove. Ladies, I said, I must send you once

more into the breach, just to shut these malcontents up.

They shuffled glumly out the door. We had a bit of discussion in the ensuing days via radiotelegram: "IT'S HALAL," I told them, "NOT HILLEL PLS KEEP THESE DETAILS STRAIGHT." But at last we got to the bottom of the matter, or close enough.

1. To the excitable pet lover, "never, and I mean NEVER" apparently means "not very often." We went to the supermarket and found some pork-containing pet food in about five minutes. Granted, there wasn't much. But when we surveyed the major pet food companies, four of eight respondents said they used pork in their products on occasion and four said they didn't. So let's not pretend a prohibition against pork in pet food is some immutable fact of life.

2. One of the four swinophilic pet food makers, Royal Canin, spoke in such glowing terms of the pig meat in its products that it seemed to us the real question ought to be why all manufacturers didn't use this food of the gods. "Pork is very digestible for dogs and cats," the company told us, "and in some cases its digestibility exceeds that of chicken or fish."

3. Iams stated pork fat was used only in certain products in its Veterinary Formula line, remarking that a dog was less likely to have an allergic reaction to it since the fat had gone through a special refining process to remove the more allergenic protein. We found this cryptic. Are dogs likely to have allergic reactions to unrefined pork fat? On the other side of the fence, Crown Pet Foods said (a) it excludes pork to help pet owners avoid products that might cause food intolerance issues but (b) pork isn't specifically problematic. Huh?

4. Natura said it had no specific

reason for excluding pork other than uncertainty about whether it could get a consistent, high-quality supply. This was unpersuasive. The supply of caribou meat might be erratic, but pork? The vagueness of all these responses suggested: we've always done it this way and don't really know why, so we're going to make something up.

5. Hill's said it uses pork lungs; spleens, and livers in its products. This may be all the explanation we need for pork's limited visibility. Try and imagine a TV ad ending with the tagline "Because your cat deserves lungs and spleens."

6. Regal Pet Foods said it didn't use pork due to increasing sales in Europe and Israel - the implication being that doing so would run afoul of religious dietary laws. The religior in question is Islam, not Judaism. Although Leviticus and Deuteronomy call pigs "unclean" and prohibit touching their carcasses, rabbinical interpretation holds that this doesn't apply to everyday handling of pork and Exodus explicitly says the thing to do with non-kosher meat is feed it to dogs. The Quran, on the other hand, has been interpreted to mean any contact with pork is haram, or forbidden. (Permitted things are halal.) In 2007 Muslims living near Rugby, U.K., objected to plans for a new pet food factory out of fears it would contaminate the air with pork

So here's my answer, Sharon et al. To the extent pet food makers exclude or at least downplay pork, they do so out of worries there'll be trouble if they don't.

Send questions to Cecil via straight dope.com or write him c/o Chicago Reader, 11 E. Illinois, Chicago 60611. Subscribe to the Straight Dope podcast at the Tinnes Store.

# Lebanese So Good You'll Want It Twice A Week



FILL YOUR BELLY AT CASTLE BAKE AND YOU'LL DISCOVER AN ADDICTIVE NEW FAVOURITE

CASTLE BAKE 16845-109th St., 780-478-1821

## BY SCOTT LINGLEY

Castle Bake is not a place you'd stumble on by chance. The Lebanese eatery has been discreetly doing business out of a low-functioning strip mall — shared with a daycare centre — on a semi-residential street in Castle Downs since last April, though there's ample evidence that the kitchen's big gape-mouthed brick oven has been in operation a lot longer.

That said, the splendour-free interior is otherwise squeaky clean, antiseptically so the first night I made Castle Bake's acquaintance after a staff member had just swabbed the dining room.

The glaring fluorescent lights, unadorned-but-by-stains walls and bunker-like counter didn't make for the most beguiling introduction, but my co-diner had vouched that Castle Bake made amazing shawarma at unbeatable prices and I was willing to postpone judgment.

Little did we know, this was merely the tip of the proverbial iceberg. We actually had to come back for a second visit within a few days to get a rounded view of the menu.

It's immediately apparent that the young men who work there are both extremely hospitable and rightfully proud of their product which, in addition to being wholesome and authentic, is outrageously cheap. Our first meal there comprised one each of chicken and beef shawarma (\$5 each) with extra pickled turnip, to which we added a zatar deluxe (\$4.50) and a fattoush salad (\$5) just to make sure we had enough.

When the food came out, it was instantly plain we had enough for four people.

The shawarmas — rolled up in a thin, one-ply whole-wheat pita variant called sauj — were generous, to say the least. Each had been grilled in a sandwich press then daubed with a bit of olive oil mixed with zatar, a blend of dried thyme and sesame seeds. Inside the abundant seasoned meat was wrapped with tomato, onions, more zatar, parsley, Lebanese pickles and garlic sauce.

My co-diner asked for hot sauce on the chicken, and I noticed it had been dosed with Thai sriracha hot sauce, which also turned up the garlic level. They were both scrumptious, but I'd have to give the edge to the beef's more pronounced aromatic seasoning.

The "zatar deluxe" was similar in construction and savouriness — zatar, tangy olives, tomatoes and onions wrapped up in sauj bread and grilled — but meatless and no less satisfying for it.

The fattoush salad, with tomatoes, cucumbers, onions, peppers, romaine lettuce, cabbage and pita chips in vinaigrette, was a budget version that leaned a bit too heavily on pita chips for its composition but ultimately left nothing to complain about for the price.

We ended up taking half of each shawarma to go and eating them for

lunch the next day.

What compelled us to come back a few days later was the availability of fatti, a staple of the Lebanese breakfast table. I'd tried it just once in Beirut as part of a rather unusual morning meal that consisted of four or five chickpea/fava bean dishes with

THE TAB: \$20 FOR TWO
THE GIST: SO LITTLE MONEY
FOR SO MUCH GOOD FOOD
TRY: EVERYTHING, AT LEAST
ONCE

BEWARE: EPIC GARLIC BREATH

a huge side of chlorophyll — fresh herbs, green onions, radishes and so forth that you just chomped in their natural state between mouthfuls of beans.

We weren't the only ones hitting Castle Bake for breakfast on a Sunday morning, but it looked like we were the only non-Lebanese. A few families were hunkered down around dishes of fatti (\$6.99) and ful mdamas (\$7.99) and we decided to join them, adding an order of cheese pie (\$2.50) just because.

After a short wait, the meal appeared and confirmed that \$20 buys enough food for at least four people

at Castle Bake. We had one big bowl of ful (fava beans simmered with garlic, onions, tomatoes, lemon juice and parsley), plus a big bowl of fatti (chickpeas simmered in lemon and garlic then mixed up with yogurt and topped with pita chips, toasted almonds and pine nuts), plus B big portion of sauj bread and two sides of pickles, green and black olives, cucumber, thick slices of tomato and lemon wedges. Plus we had a piping hot slab of foresh-baked flatbread smothered in four kinds of bubbling cheese.

Ful is a bit of an acquired taste since the sourness of the lemon juice brings out the somewhat pungent flavour of fava beans, and it's often served with a generous pool of extra virgin olive oil on top, which may not suit everyone's definition of breakfast.

The fatti, however, lived up to my nostalgia-distorted expectations—the yogurt was almost buttery and incredibly garlicky, the chickpeas fell apart without chewing, and the layers of toasted pita and toasted almonds—both sliced and whole—were the perfect crunchy counterpoint. Interspersed with mibbles of zesty pickles, olives and fresh vegetables, and scooped up with slightly chewy, earthy sauj, it was almost too much flavour for so early in the day.

It was certainly way too much food for one sitting, so we got the friendly counter staff at Castle Bake to wrap up the remainder and ate it for supper as well. The guy who packaged it for us threw in a gratis foot-wide circle of sauj bread without being asked — as if Castle Bake hadn't already been added to my list of cherished stand-bys. Now it's your turn.













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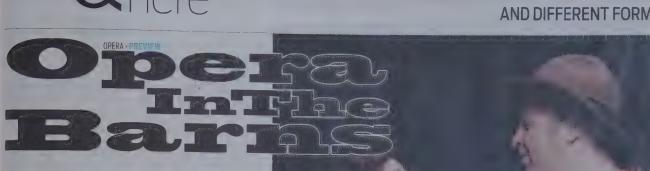
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# I THINK IT'S IMPORTANT TO EXPERIENCE ALL FORMS OF ART IN DIFFERENT VENUES AND DIFFERENT FORMS.



THE EDMONTON OPERA AND FRINGE THEATRE **ADVENTURES BRING** OPERA TO ALL

THE BARBER OF BARRHEAD TransAlta Arts Barns - Westbury Theatre Feb. 16-25

## BY ALISTAIR HENNING

The Edmonton Opera teams with Fringe Theatre Adventures for some Klondike fun as it brings an hourlong adaptation of Rossini's beloved comic opera The Barber of Seville, to the TransAlta Arts Barns. Written, adapted and directed by Winnipeger Ann Hodges, The Barber of Barrhead ventures into the heart of the Gold Rush. As prospectors seek their fortunes, Figaro, a barber and jackof-all-trades, works to unite young Al with his love Rosie, despite devious dealings by the dastardly innkeeper Bart.

Hodges has shortened the original by more than half so that the production, entirely sung in English, clocks in at about an hour long. According to Hodges, Rossini's classic was well suited to this treatment because "it's a madcap comedy, a hilarious farce. We had to cut some characters, but we're really just distilling the story down to these four really key characters and the conflicts they have. It still adds up to a lot of comedy. In fact, in some ways I think it's even funnier because things happen so quickly and their objectives are so extreme that they have to go to such lengths to achieve what they want."

Director Brian Deedrick agrees: "There's only four singers. But if you cut the chorus, who only show up a handful of times in the full opera, you can do the full opera with only six or seven cast members. This is four, and it's got the mix of the good and the bad guys, and it's got piano accompaniment. It's really meant to be that easy, fresh, light taste of the opera."

And why re-imagine Rossini in Barrhead, Alberta?

There's just something really funny about the word 'Barrhead'," says Deedrick. Beyond that. The Barber lends itself well to adaptation "because it's comedy, and because it's a lot of fun. For ever opera company it's a challenge: you have to do the meat and potatoes, but you also have to push the envelope a little bit," says Julian Mayne, director of Fringe Theatre Adventures.

But first and foremost, Mayne says, it's just "a fun enough opera that it can be adapted into something like this. It's a one-hour performance, there's no intermission, it's straight through, and I think that it just lends itself well. The music's great, everybody knows it, if you've watched Bugs Bunny and you've seen Bugs on top of Elmer Fudd's head you've got it!"

Mayne refers to the famous Warner Brothers cartoon incorporating Rossini's music, which re-stages the opera as a chase between beloved characters Bugs Bunny and Elmer

It's not just the setting portrayed in the opera that's changed, however: the opera has actually moved to a new setting. Deedrick, for one, is thrilled to be getting the company out of their usual haunt at the Jubilee.

"What excites me about this is that no matter what we do, there's still that impression that opera is that high-falutin' stuff that goes on over there at the Jube," Deedrick says. "This opportunity to work with Fringe Theatre Adventures, to be in the TransAlta Barns, it's taking living opera out to the community. You may not want to sit through a threehour Wagner opera (though I'll try and change your mind about that), but this is something anyone can try

Collaborations like this one are im-

"It offers patrons the opportunity

to see two companies working together," Mayne says. "You might get something a little bit different. Hav-Arts Barns is certainly a new item, and I think it's important to experience all forms of art in different venues and different forms. I think it's a nice thing for patrons, it makes opera very readily accessible where they're coming into the Fringe venue, and also it's bringing a fine art into the

"And," Deedrick continues, "opera is not always the big huge pictures Jubilee stage. Frankly most of Mozart, in a perfect world, should be

performed in a much smaller theatre. There are many fantastic works out there that are unsuited to the enormity of the Jube. I would love nothing more than have a five show season, with three shows at the Jubilee and then two things at one of the Citadel stages, or at Theatre Adventures, or go back to the movie theatre the former New City Compound

Opera, to many, is sometimes criticized for being too exclusive, Barber of Barrhead, definitely eases

"When you listen to opera in a new venue it brings that art form to you in a whole new dimension," Mayne says, picking up Deedrick's line of thinking. "And it's very accessible at the Arts Barns. It's not like the Jubilee where you're a distance away. It's quite a feeling to get the dramatic power of these opera singers right in bination of intimacy and fun and just enjoying ourselves for an hour and listening to some unbelievably good

it up best, concluding, "the fact that you can go to the Farmer's Market and then catch a mini-opera in Old Strathcona - that's fantastic. It's said that 'art is meant to be savored and appreciated'. How about just a plain old good time?"



## SOCIETY OF NORTHERN ALBERTA **PRINT-ARTISTS**

SNAP presents Customs, the long-awaited exhibition by artist and University of Texas professor, Kim Bauer.



Reception: Thursday FEB 24th from 7-10pm exhibition continues until March 12, 2011



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# **Creativity For All Ages**

THE AGA TAPS LOCAL **EMERGING TALENT TO CREATE** A SPACE FOR EDMONTONTIANS TO LET THEIR INNER ARTIST

BMO WORLD OF CREATIVITY The Art Gallery of Alberta Feb 70-79

## BY ALISTAIR HENNING

The Art Gallery of Alberta continues its winning streak of engagingly diverse programming with its latest offering at the BMO World of Creativity, Drawn Outside. The show exnatural world, and offers a variety of skill-building activities for kids of all ages to investigate art-making while learning about patterns, images and objects found in our natural world.

Drawn Outside includes work by local design collective Oliver Apt. (Landon Schedler, Lawrence Kwok and Devin Hobbins), Edmontonbased artist Nicole Galellis, and musician Thom Golub.

"The space allows children to discover art from the inside out as they investigate how artists are inspired by the textures, patterns and shapes found in nature," Nicole Galellis says. "My role was to create a mural and animation that question the relationship between the natural and artificial, indoors and outdoors. We worked with the AGA's education program manager, Jessie Beier, who developed the pedagogical vision of how the space would engage and inform viewers."

The diversity of the exhibit speaks to exploring outside of your current art fixation.

"As a painter," Gallelis says, "it was very exciting to expand my practice to include stop-motion animation. Thom Golub wrote the music for this piece. We created it by e-mailing small sections of animation and music back and forth. By merging painting and video, the animation explores how our media-saturated culture impacts perceptions. The animation is intended to be an educational tool. drawing attention to how and why the exhibit was created."

Galellis first studied painting at the University of Alberta and then transferred to the Nova Scotia College of Art and Design where she received her bachelor of fine arts degree in 2002. Since returning to Edmonton she has been teaching at the Art Gallery of Alberta, Harcourt House Gallery and the Nina Haggerty Centre for the Arts.

According to Gallelis, her work 'references the history of abstraction, but also embraces elements from my everyday surroundings. I layer these sources, creating abstractions that are more evocative than descriptive, moving in many directions simultaneously. By embracing the candy-colours of urban life and a wide array of influences, a sense of vitality permeates these canvases They optimistically assert the possibilities of abstract painting and help the viewer to see the familiar anew."

The BMO World of Creativity is a fantastic opportunity, Gallelis believes. In addition to being an artist, she is currently an education student at the U of A, so teaching kids about art is a subject close to her heart.

"I believe that art has the power to connect people's experiences, create understanding and critique culture," Gallelis says. "One of the AGA's roles is to foster visual literacy, which should start early in life. In ■ fast paced, highly visual world, there is a greater need to slow down and learn how to see."

As a result of this potential for children, expect to see more younger faces enjoying the art the AGA has to offer

"If children feel comfortable in a gallery, chances are they will grow up to value galleries," Gallelis says. "For these reasons, having space that is kid-friendly and insightful is of the utmost importance for any gallery.

BAD COPS, BAD COPS · WHATCHA GONNA DO?

# **Policing The Gaming World**



INFINITE LIVES DARREN ZENKO

PIXEL COPS OF POLICE OUEST VS. HD COPS OF L.A. NOIRE IN THE ULTIMATE SHOWDOWN FOR YOUR VIDEO GAMING VOTE

"Police and thieves in the streets oh, yeah! Scaring the nation with their guns and ammunition!"

Video-game cops are, for the most part, pretty bad cops. Or, to be a little bit more fair to our digital Boys in #27408B, video-game police work than not you'll end up finishing the first mission with a higher kill-count than Dirty Harry managed to rack up over the course of five films, after an "investigation" that involves simply observing which moving targets turn your crosshairs guilt-red, and the only paperwork you'll worry about is selecting a save-game slot.

From a play perspective I under-

stand how gunning down hundreds of material witnesses (and keeping their best guns rather than taking for more fun, but this state of the art hasn't advanced much since the street-sweeping Reagan years of NARC, and the simulation geek in me always needs a little more verisimilitude. This craving, more than the eye-popping graphics and digital-performance tech, is what's got me most excited after watching the ly/gtgOnf) for Rockstar's upcoming Hollywood Hardboiled opus, L.A. Noire; the scenes of intense notetaking action gave me goosebumps.

Maybe it had something to do with the fact I watched those clips while playing through 1988's Police Quest 2. Good Old Games last month released the complete bundle of these classic Sierra cop adventures (10 bucks!) and I've been working my way steadily through the stack, marvelling at how any publisher ever dared release a series that not only acknowledges police procedure, but relentlessly punishes you for the slightest deviation from proper cop conduct. Now, a lot of this comes from the '80s-style copy protection scheme that made access to the instruction manual necessary for play - you quite literally have to go "by the book" - but somehow that only enhances the satisfaction of getting it right, of building a case while being "careful out there." I doubt L.A. Noire is going to have the same shoeleather-to-shotgun-shells ratio, but the fact such a ratio will even exist

is heartening. As for the other thing the L.A. Noire clips are hyping, the superduper performance-capture tech, well... my little visit to the 16-colour days had a weird effect on my appreciation of this supposed triumph. As any Sierra fan will tell you, you can't take a nostalgia trip on one of the Quests - Police, King's or Space - without having a go at another, and probably another after that. In the last couple weeks I've played through Police Quest 2, King's Quest IV and Space Quest 3, and having a few dozen hours of of 320-by-200pixel adventure knocking around in my head while watching the L.A. Noire trailers set up some kind of contrarian feedback loop, activated my curmudgeon circuits. It's simple science: 32 high-definition cameras

COPS cont'd on p. 14

# What's Folk Got To Do With It?

OH MY DARLING ADJUST TINA TURNER'S CLASSIC AND CELEBRATE THEIR LOVE

OH MY DARLING The Black Dog (10425 Whyte Ave.) Wednesday, Feb. 23, 10 p.m. Tickets: Free

## BY KATHLEEN BELL

"Valentine's is also our band's third year anniversary," Oh My Darling's fiddler, Roselyn Dennett, says as we chat over the phone a week before that particular choco-flower-fluffy holiday descends. "That was our first gig ever."

I realize that by the time you read this, her statement should be in the past tense, but if you let the whole V-Day celebrations/rigmarole (depending on your perspective) slip silently by, you can still help bluegrass babes Oh My Darling acknowledge the passing of three folking years together by picking up their latest release — a three track EP entitled Love

Shac

Love themed and serving as a little milestone for the band. the EP also provides fans with a takeaway copy of a longstanding concert favourite: a cover of Tina Turner's "What's Love Got To Do With It?" Even though as Dennett explains it, at their heart Oh My Darling are traditionalists — having immersed themselves in the history of bluegrass and Appalachian mountain music with trips to the Southern United States — that doesn't mean these gals are afraid of a synthed-up R&B hit from the '80s.

"[Tina Turner's] a strong female figure in the music industry and she's still performing at whatever age she must be," Dennett says. "She's still playing and she still looks amazing and that was definitely an inspiration to us. We're like 'wow, if we can still be doing this at that age then that's awesome. There's nothing better than that.' So we kind of thought it would be neat to give a little shoutout to her when we play. And then the



Winnipeg's Oh My Darling play a free show at the Black Dog, Wednesday, Feb. 23 @ 10 p.m. | PHOTO SUPPLIED

song is just super fun."

Honestly, having Oh My Darling throw the banjo's jangle, the fiddle's playfulness and that earthy upright bass over top Vanessa Kuzima's rich lead vocals freshens up the classic crush song. And for them to take a sound that's so foreign, and transpose it so thoroughly isn't just dumb luck — having a strong grasp of the music they adore helps, especially

when it comes to writing originals.

"It brings you a lot of freedom," Dennett says. "The more knowledgeable we are about the traditional music, the more we feel at liberty to explore other parts of it and put our own twist on it. I think that if we were coming at it from a less knowledgeable standpoint I don't think it would be fair to the music itself, to start changing it."

While their tunes are filled with tight harmonies, careful banjo pickin' and shredding fiddle lines, and despite their deep affection for the genre, the members of Oh My Darling don't all come from a bluegrass background.

"When me and Allison [de Groot] started playing together she basically cross tuned my fiddle into an old time tuning," Dennett explains, "and said , had to learn how to play a tune before I was allowed to get out of the tuning."

Dennett clearly learned to play a song in that oldtime style but with three years together as a band, she seemingly hasn't dropped the tun-

"I would definitely say that one of the things that we've learnt is that we're only stronger together and we're always stronger when we're collaborating and when we're working together."

## ESO · PREVIEW

# Kill Da Wabbit

KIDS AND ADULTS ALIKE WILL ENJOY THE FUNNY CARTOONS ... AND THE AMAZING SOUNDS OF THE ESO

GEORGE DAUGHERTY AND THE ESO
Bugs Bonny at the Symphony
Winspear Centre
Saturday, Feb. 19, 2 p.m. 8, 7:30 p.m.
Sonday, Feb. 20, 2 p.m.
Ticket available at the Winspear

## BY JERRY OZIPKO

The 1940s and 1950s marked the period of Hollywood's "Golden Age" a time when some of the greatest motion pictures ever were produced. Studios had their own in-house orchestras for recording sound tracks by the likes of Max Steiner, Dimitri Tiomkin, Erich Wolfgang Korngold and Miklós Rózsa, among many others. Warner Brothers Studio was considered to have one of the best studio orchestras around, and if any time was left at the end of studio film, recording session, the musicians might be called back to record the sound track for a seven minute cartoon, usually without rehearsal.

Among the comedic classics produced during this period were a series of Bugs Bunny cartoons with classical music themes, among which "Baton Bunny," "What's Opera, Doc?," "Rhapsody Rabbit," and "The Rabbit of Seville," are still being viewed and enjoyed by a new generation of youngsters.

"[A]lthough I was already studying classical music, they expanded my knowledge and appreciation of the classical repertoire," says Jill Roszell, General Manager of Theatre Network as well as an accomplished flautist and teacher.

"[W]hen I first saw them as a kid. I only enjoyed the on-screen action." says Kyle Cullen, who is a teacher and a guitarist. "Lateron, as an adult when I saw them again, did I come to appreciate the genius and unique impact that the music presented."

Insh-American conductor George Daugherty has been taking Bugs Bunny and company on the road for performances with symphony orchestras all over the world for the past 21 years, and he never tires of the experience. What will take place is a screening of ten full cartoons with dialogue. The accompanying music will be performed live under Daugherty's direction. Daugherty is often asked whether orchestras rebel at playing this music. His response is not at all surprising.

"No, orchestras do not rebel because the music is treated so respectfully and at the same time so hysterically funny – they revel in it. The music is used to great comedic effect but it's never at the expense of the music. All of the music is performed in its full original instrumentations. The [cartoon] is a parody, but the music is not a parody.

Daugherty acknowledges three geniuses that conceived and orchestrated these cartoons — Chuck Jones, Carl Stalling and Milt Franklyn.

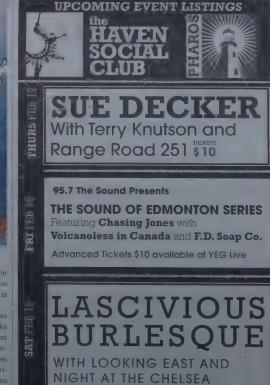
"The music is the most consistent thing about this aside from the visual image," says Daughtery. "The



Join the ESO and Bugs at the Winspear Feb. 19 & 201 PHOTO SUPPLIED

dialogue is very, very sparse and in about half the cartoons, there is no dialogue at all. The music is what is

Relating a story from Chuck Jones on how these cartoon sound tracks were originally recorded on the spot without rehearsal. Daugherty concludes that "I think that's what gives these cartoons an edgy, manic, terrified sound to them. The musicians were clinging on to this." His final words regarding the show. "There's a lot of art imitating life and life imitating art in these cartoons."





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RADIO - FEATURE

# **Dial In Your Internet**

WITH AN INFLUX OF RADIO STATIONS, LIGHT IT UP RADIO IS OFF OF THE FM FREQUENCY

## BY ROSE MARY PHILLIP

Urban music lovers in Edmonton have been patiently waiting for an authentically urban radio station. Over the years, we've had a few false starts — many of which we're currently watching. Too many FM stations have bounced in with the promise of an all urban format, only to play Nickelback just weeks after launch. Fine if you like the Silver Side Up. Not so good if you have an "Empire State of Mind."

They say good things come to those who wait. Well the patience of Nicole Freckleton and Patrick Ntagara ran out. The girlfriend/boyfriend duo felt forced to turn in to American online stations for their urban fix.

"We wanted something local," Freckleton says. "[We've] been gathering music separately for years. Together, we have an amazing collection that we combined to start Light It Up Radio."

Light It Up Radio is an online, commercial-free urban radio station – 100 per cent urban. Waka Flocka Flame? Check. Jasmine Sullivan? Check. Movado? Check.

"No pop, rock or country ever!" Freckleton says.

That's not m knock against the genres; it's the station's mandate. Light It Up Radio promises to take it to streets – Edmonton streets – serving up a generous portion of local artists mixed with latest and greatest of hip-hop, R&B, reggae and gospel.

"We spend a lot of time making sure the music varies and is fresh," Freckleton says." We will not be one of those stations that play the same 20 songs all day."

The station launched on Dec.9, 2010 at www.lightitupradio.com. Since then, it has received almost 9,000 hits, with listeners tuning in from as far away as Africa and India. "We started by typing 'how to start an online radio station' into a search engine," Ntagara says. "We went in

W W W . LIGHT IT UP RADIO. COM

Edmonton-based Light It Up Radio is gaining a lot of urban momentum. | PHOTO SUPPLED

Edmonton's OFFICIAL URBAN Online Radio Station .

knowing nothing and just Googled our way through it. We wanted to learn about licensing so that we could legally play music and have the artist profil at the same time."

Their research led them to join the record pool of legendary New York DJ Funkmaster Flex. While only a small portion of music played comes from the pool, it provides a much-needed source of songs edited and censored for mainstream radio play.

"The image of urban music is so dirty," Freckleton says. "We want to change that. If you're a teenager at home, you can blare Light It Up Radio and your mom won't be offended by profanity."

Profamity is off-limits to local artists too. In fact, it's their only boundary

"If they have a clean, professionally recorded track, we'll take it. Ninetynine per cent of the time, we'll play it," Freckleton says. "It's our obligation to take care of local artists. They need a starting point and we can give them an opportunity."

Few have jumped on board. Of the almost 50 local artists that Freckleton and Ntagara reached out to, only three supplied music. Many prefer to keep a watchful eye on the station to see if it will stay committed to an all urban format. A concern many listeners echo.

"I had no real interest in listening at first," says Kara Mothersell who decided to listen at work because the other online stations she listens to are too profane for an office setting or too repetitive to hold her attention. "You don't hear the same top 40 songs on loop and the quality is actually really good."

Quality sound is no accident. Freckleton and Ntagara keep close tabs on bit rate (beats per second) to ensure optimal sound. It also helps avoid the often-annoying "buffering" message that is all too common in the online radio realm. They want to add to the urban community, not detract from it with substandard sound.

Their dedication to the local talent extends beyond rappers and singers. They also partner with local groups and businesses. Recently, they teamed up with Jak Move Entertainment to help promote a hip-hop showcase in support of the Sundance Canine Rescue Society.

DJs are also given a platform to shine each Friday on The Takeover, one of several regularly scheduled on-air shows. "DJs can send us their mix and we will feature it," says Freckleton. Regularly scheduled shows help provide variety and mirror the FM format. Urban Legendz kicks' it old school with classic hiphop and R&B; Hold Up the Light is a gospel hour aimed to empower, strengthen and motivate your soul; The Weekend Shakedown is three hours of bangers to the start the weekend and keep it hype; Bashment Saturdays provides some Caribbean flavour with riddims "guaranteed to keep you feeling irie"; and The Midnight Meltdown gives centre stage to current and classic R&B ballads.

Freckleton and Ntagara plan to build their existing partnerships and forge new ones.

"We look forward to being a fundamental part of the community," Freckleton says. "We're proud to be Edmonton's first and only urban radio station. This is history!"

## COPS (cont'd from p. 11)

capturing every nuance of an actor's performance and putting it on screen in 2011 is far less remarkable than guy taking 32 pixels and using them to create unforgettable performances in 1988.

With 16 colours, fewer pixels than would make up a menu icon in a modern game the artists at Sierra built real people (and robots, and monsters) whose identities and personalities came through at a glance. It's astounding puppetry. Take a walk through the Lytton Police HQ in Police Quest 2 and there's the Captain, licking his ice-cream cone or

talking heatedly into the phone, and Keith with his feet up, lazily smoking. Space Quest managed a spot-on parody of the Blues Brothers in a few frames of animation at half the resolution of the little screen on my printer. The four pre-VGA King's Quest games alone have enough funny/terrifying characters to populate a dozen adventures. There's no art without resistance in the materials; emoting at this level through the recalcitrant medium of a goddamn IBM PCjr is pure virtuosity.

Don't get me wrong, here. L.A. Noire's digital performances are higher-fi than anything we've seen

yet; if Rockstar hasn't truly bridged the Uncanny Valley, they seem at least to have strung a rope across it. I love the idea of a game's resolution of expression being detailed enough that reading facial tells becomes # game in itself, and I love that something resembling semi-realistic police work is getting the triple-A treatment. It's just that I've been recently and powerfully reminded that Police Quest's Sonny Bonds, a vaguely cop-like lump of pixels pounding his blocky beat, once did for me everything L.A. Noire's Cole Phleps can possibly do, with or without perfect

# **Haute Culture**



WILDLIFE FISH GRIWKOWSKY DUMBING DOWN HIGH ART IS NOT NECESSARILY THE HIGH-EST COMPLIMENT TO A RATHER SMART FAN-BASE

With its recent staging of The Abduction from the Seraglio, the Edmonton Opera attempted postmodernism with exaggerated camp - sticking a winking James Bond plot in Mad Men garb onto Mozart's fairy-tale exploration of the Ottoman Empire. It's a Singspiel - meaning the plot as such is forwarded by dialogue between German songs, also meaning guest director Michael Cavanagh could tinker with the English bits to make them more accessible to a contemporary crowd. And it's right at this moment of conception we need to ask, should you be dressing your dog up as your prom date in the first place when there's a perfectly good park (or willing escort) across the street? In other words, if this source

only accept things if they remind us of TV or pop music - it's an echoing insult to original material and performers. You're saying, intentionally or not, we can't handle German opera. And I'm saying I can't get behind the Royal Philharmonic wasting my time doing "The Music of Twilight," which would at least be what its ratrons came to see. Shaken, not stirred, my ass. Why do it. the .! This out-of-ideas Madagascar/Family Guy template is taking us nowhere - where the simple repetition of an "I am your father" or playing the Definition theme song away from context makes up the bulk of our limp "jokes" these days. It's fine for FB posts - but people are paying money here.

Look, you know I am not highbrow, and I sympathize with wanting to reach out. I liked Dean Elzinga's "Osmin" casually mopping heads and limbs to the trash or Belmonte choking Turks with his nunchucks at first, even tire-kicking at the fourth wall ... but the jokes were ultimately weak and too relentless. Mocking how dull the singing is during the actual production gets a laugh but, wait a minute — that fellow dressed up as a "hey, meestor" Mexican gardener totally nailed it! It is boring, despite

I HAVE TO POINT OUT THIS KIND OF THING HAPPENS COMMONLY IN EDMONTON, ESPECIALLY AT THE PRESUMED HIGHER LEVELS OF THE CULTURE TRYING DESPERATELY NOT TO APPEAR HOITY-TOITY.

material is by your estimation inaccessible to us, how are we to react when it's presented with lowest-common-denominator schlock which wouldn't make it into a three-star Fringe play? Despite the ensemble's accomplished singing, Abduction most reminded me of a '70s porno – atrocious acting of undeliverable lines between moments of the players doing what they're actually really good at. It was embarrassing, and the masses fled at halftime. It didn't help the set looking like it was picked out in a hurry at Bed Bath and Beyond.

As a sort of defence, I have to point out this kind of thing happens commonly in Edmonton, especially at the presumed higher levels of the culture trying desperately not to appear hoity-toity. As an example, the mayor's awards nights have historically had difficulty showing off our finest artists unless comically or sattrically, ballet dancers stumbling around, singers doing Queen covers with banjos and so forth. It all comes off as a response to some juvenile, knee-jerk and presumed commonman-Albertan position that "art is boring."

But that's not only looking down on the audience — assuming we'll

all the hard work feeding us ADHD

And don't even get me started on The Barber of Barrhead. It's like Weird Al runs the city or something.

Anne-Marie Hamilton, general manager of Penguin Eggs roots magazine, told me interesting news — she and publisher Roddy Campbell have been given the green light (Heritage funding) to throw together a total and comprehensive database of Canadian roots festivals or, as Campbell puts it, #All the folk and roots and derivatives — blues festivals, powwows, bluegrass, you name it. There'll be over 250 entries."

The two are putting it together like a mountain parks guide, besides having the basic information of where and when and how much, it will include little icons for booze, camping, public transportation, water and so on. This will be in the spring issue of Penguin Eggs, now in its 11th year — made in Edmonton, available all over the world. The database will also be online at the magazine's site and reminds me in scope of Raymond Biesinger's ongoing chronology of Edmonton bands found at fifteen ca/thechart. Fun!

Twitter: @fisheyefoto



## LISTEN - BY FISH GRIWKOWSKY

## **Paris Suit Yourself**

My Main Shitstain Holy fuck - WHAT IS THIS?!? One of the most exciting pieces of rock I've heard in years, for starters. Pure energy. as Mister Spock would put It. tapping the dizzy feeling I got the very first time Devo's "Uncontrollable Urge" drew warped circles on my grandma's bubble record player. Every song is terrifyingly raw and strangely disciplined in a way I thought we'd forgotten about since Iggy Pop's day, fusing smooth soul vocals with screaming gutter guitars in an abandoned-by-Bowie way. After all these years, the Scary Monsters have opened up a lemonade stand for your cyclops teenage daughters.

Luvinski Atche sings - moaning and swearing at racism and his finances — some echo of TV on the Radio and Antony and the Johnsons on one end, part Muppet, part Thunderdome. There is French rap, the same fuzzy distortion as Hank + Lily, electronic sequencing, garage drumming, calls for blowjobs and an overall disrespect for this thing we call 'indie music' that pushes my nipples straight out like fingers from the Inside.

This band seems to be from Bordeaux Paris Berlin and Arkansas, as if those places still even exist when they're actually from in time. In them I hear Joy Division, the "ooooh"ing of Liars, bass from the Pixies, the Mahabarata OST "Rock Lobster" and a direct and chaltenging racial challenge in the song "Craig But all this implies a direct lineage that's

much more harried in the final product, gos-

nel chorus and blues riffs barely recognizable in all the laundry lint, spinning, spinning. The best part: unpretentious. Too noisy and daring to be so. Fuck you, Decemberists. Check out what's happening at this illegal

squat party lighter-lit before v'all turn into oil paintings of vourselves. "Sophie Scholl". another name song, sounds like a shivering chihuahua describing a gang rape. Paris Suit Yourself is music turned inside-out and I want more of it quickly. Punk from another planet. There is alien life out there after all.

## **OLD SCHOOL:** Millie Jackson Caught Up (1974)

"My friends tell me there's no future in loving a married man. If loving you is so wrong ! don't want to be right." There are plenty of divorce albums out there, at least one by Bob Dylan and two by Richard Buckner - but somehow more rare is the album endorsing Millie Jackson's "best thing I ever had," namely some other woman's husband. "The worst thing of all is when the holidays roll around," she says, "You got to be by

yourself ... he has to stay home and play the part of the good an faithful husband." Jackson switches roles on "It's All Over But the Shouting". letting the cheater know he's still accountable. It's an amazing concept album, and I won't spoil the end, but listen to this and Willie Nelson's Phases and Stages and you will have a very interesting

afternoon in which you remember to appreciate what you have. I promise.

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# GOOD MUSIC IS GOOD MUSIC 95.7<sub>THE</sub> SOUND

## (D. REVIEWS

## MOGWAL

Hardcore Will Never Die, But You Will (Sub Pop)

\*\*\*\*

After a three year absence Glasgow post-rock giants Mogwai return with their seventh album, a deftly crafted culmination of their storied musical history. Picking up where Hawk is Howling left off, album opener "White Noise" is a veritable extension of their lyric free magnum opus, a blissful ascending guitar piece that erupts with crashing drums and fervent violin. "Mexican Grand Prix" finds Mogwai at their danciest, with "human" singer Luke Sutherland providing lyrical texture by way of vocoder. Album highlight "Rano Pano" casts sonar-like blips against the atmospheric backdrop of swirling distorted guitars. "You're Lionel Richie" begins with

slow build of piano and guitar, and then at the halfway mark breaks into a low dirge of crashing guitars and metal gloom berthed in the Castle Of Doom and brought to a cinematic finish. Hardcore will never die, and it's clear that genre veterans Mogwai aren't going

ANDY COOKSON

## CARMEND TOWNSEND

Waitin' and Seein'

(Company House)

As far as I am concerned, this is one of the best Canadian debuts in years. Carmen Townsend, hailing from Nova Scotia, has given us an astounding collection of very well crafted songs — no, not hits, but real songs imbued with intelligence, emotional power, and good arrangements. It all starts off with a hard rock-cum-psychedelia "River Rat," certainly worthy of becoming a classic. The groove is exciting, the

band's sound, big and tight. Great opener. From there things are proceeding remarkably well (how many "one-song" albums have we heard?). Townsend lets her artistic split personality reign freely, alternating heavy and soft numbers and, in the process, creates a strong feeling of positive expectation. She opens for Heart at the Jubilee Auditorium on Feb. 19. Do not miss that gig! ERIN O. JOHANSSON

## MOTORHEAD

The World Is Yours

(UDR Records)

The most amazing thing about Motorhead is that even past his 65th birthday. Lemmy hasn't mellowed an inch. Even more impressive is the influence and power that the trio still possesses. (One if the best examples lies in the Metallica interview from the 2010 documentary Lemmy and where Hetfield and Ulrich admit their boyhood crushes on the Motorhead frontman). Following the pattern of 2006's Kiss of

Death and 2008s Motorizer, Motorhead have cranked it up to 11. Ferocious cuts like "Born to Lose" and "Outlaw" are as urgent and angry as anything they've released since '77. And although it's no surprise that the rest of the songs on TWIY are also about as subtle as a dump truck, some variety does exist on the album. Cuts like "Rock n' Roll Music" swing like an old boogie-woogie single, and "Bye Bye" is punky riot. Although this album might not make any new fans, it will satisfy the avid Motorheaders for another two- year fix. KORTNEY IMAFFE



## TARUN NAYAR

22" of Beatitude

(Chatwalla's Boombox)

Starting off in a very traditional Indian rhythm of sitar-driven lingering in "Rising Up," producer Tarun Nayar's solo-debut morphs into a deeply chill, electro-inspired and highly eclectic world beat collection of songs not unlike things heard from Nayar's main group, Delhi 2 Dublin. In some ways not unlike some of the massively consumable Ministry of Sound series, the tracks on 22° of Beatitude have a very assorted

and sometimes less-than-challenging sound — yet, here it doesn't come across as overly cheap or dull because of an inherent and proven authenticity. Trained as a tabla (Indian drum) player, Nayar fuses conventional sounds of the Middle East and the subcontinent with a varied set of great beat styles and rhythms. "Kezang La" is inspired by a more subtle and deep hip hop beat, while "Daybreak" is a crunchy, hectic house beat over top of layered sitar. A debut of impressive variation, deeply relaxing quality and layered, inspired sounds. Catch Tarun Navar at the Starlite, Feb. 20.

**CURTIS WRIGHT** 



## **BRIGHT EYES**

The People's Key

(Saddle Creek)

The seventh and potentially final album from Omaha indie heroes Bright Eyes is, in its stranger moments, a spacey-dance album. To the dispossessed and mournful, it appears your champions have traded in some of the sorrow for synthesizers and sci-fi novels. Though Oberst's familiar vibrato is still present, parts of this album are such a departure from previous Bright Eyes efforts, that it's hard to avoid an

anachronous kneejerk. Fear not though as Oberst still grabs at you only the way he can. Deeply personal lyrics wrought with reflection, yet tinged with a feeling of hope that expands over a soft melody. The album's bookend, "One for you, One for me" is a poetic display of this new esthetic. A synth-based rhythm supported by spacey guitar melodies, while Oberst sings "Now that we've comes so far away from us/Now that we've come too far to say/ ... you and me that's an awful lie/ it's I and I"

# The Emotional Side Of A Small Town Murder

SMALL TOWN MURDER SONGS DELIVERS SUBTLETY AND SUSPENSE IN A STRONGLY-CASTED CRIME THRILLER

SMALL TOWN MURDER SONGS Metro Cinema Feb. 18 & 20, 9 p.m., Feb. 19, 7 p.m.

## BY BARRY HAMMOND

Atmosphere is everything in Ed Gass-Donnelly's Small Town Murder Songs. A renowned stage and music video director, he'd already earned kudos for This Beautiful City (2007). Critics have compared his new film with the likes of The Coen Brothers' No Country For Old Men. The film is set in Ontario Mennonite country, in the town of Listowel. It's the sort of place where horse and buggy rigs travel side by side with modern cars. In that, it recalls the Peter Weir film, Witness (1985), which starred Harrison Ford and was set in Amish country or Richard Dutcher's terrific Mormon backgrounded film Brigham City (2001). Both these films share a serpent-in-paradise scenario which relate to Gass-Donnelly's film.

The story revolves around murder investigation in a place where murders don't generally take place. The main character is Walter, the newly baptized local police chief, who's struggling against a violent past and a previous relationship with one of the suspects.

The cinematography by Brendan Steacy (who has said he admires the Coen brother's director of photography Roger Deakins) puts it closer to the Coen Brothers in terms of its bleak rural beauty but Steacy definitely develops his own style here. applying a strong use of slow motion to convey both the weight and portentous mood of the story and the inexorable machinery of both fate and the law, very like the truck machinery that moves a local building down the town's main street early in the film, or perhaps Walter's barely suppressed rage at his and the provincial police's inability to move the case forward in as timely a fashion as he'd like. The film is segmented by large biblical chapter headings like: 'REPENT & PROFESS YOUR FAITH', 'IF SOMEONE STRIKES YOUR RIGHT CHEEK OFFER THEM YOUR LEFT', and 'GOD

MEETS US WHERE WE'RE AT', which mirror to ■ degree the action of the story

Hand in hand with the cinematography in creating this mood is the excellent soundtrack by Toronto roots group Bruce Peninsula Started as a vocal group which recorded mainly traditional songs from the Alan Lomax archives, Bruce Peninsula have developed to encompass a bluesy, gospel feel with guitar and percussion. Their powerful, spiritual music moves the film forward like a marching hymn.

The movie is also possessed of an exceptional cast. Most striking is Peter Stormare as Walter Originally a Swedish stage actor discovered by no less a figure than Ingmar Bergman. Stormare is known in North America for eccentric and violent character's like Gaear Grimsrud, the blonde murderer, partner to Steve Buscemi, in Fargo (1996), Slippery Pete in the Seinfeld final season "Frogger" episode, "Binky" Babinkian in the quirky CSI eighth season episode "Ending Happy," and in films like The Lost World: Jurassic Park (1997), The Big Lebowski (1998), or 8mm (1990)

In Small Town Murder Songs,

Stormare shows a more spiritual and emotional side. In an interview from Los Angeles Stormare says Gass-Donnelly, "didn't want to show like I typical cop movie, about a murder mystery. He wanted to show something else. It reminds me'a little bit of Terry Gilliam, David Lynch and the Coen Brothers ... those movies I like where you don't have the story being pushed down your throat. He wanted to show the plagued police officer myself, and his tormented soul. He's a dreamer and a seeker more than a policeman and I think he became a policeman just to keep law and order on himself in a way

and on schedule, so he didn't drink himself to death or commit suicide ... because he doesn't fit in ... in the Mennonite society."

Stormare, unlike his characters, is intense but in a thoughtful and articulate way. The conversation ranges from Walter's character to Laplandic rights (which he did a film in Sweden about), to playing different nationalities. His slightly accented voice has a unique cadence and rhythm which make it interesting. He also has a sense of humour, something casting.

agents don't always see

"I'm at my agent's ass all the time ... I wanna do comedy, I wanna do comedy, because I really love that.

He has nothing but praise for the rest of the cast, especially Martha Plimpton (Raising Hope TV series 2010-11. How To Make It In America TV series 2010) who plays Sam, the woman Walter is currently in a relationship with.

"She's fantastic to work with so I hope I get that honour again. She's so great." Stormare says. "She's good in everything she does and she dares to be just a regular woman. She doesn't do all the fucking makeup and shit."

Equally impressive in the film are Jill Hennessy (who had a six-year stint on Law & Order), the late Jackie Burroughs, Aaron Poole, and Stephen Eric McIntyre, who all give strong supporting performances

The film has already earned Gass-Donnelly a mention in *Variety* magazine as one of the year's 10 Directors To Watch, won the Best Film at the 2010 Torino Film Festival and won Martha Plimpton the Best Actress Award at the 2010 Whistler Film Festival. It's definitely one to catch

METRO · REVIEW

# **Crime And Punishment**

BRUGE MACDONALD'S LATEST POWERS THROUGH A FILM DRIVEN BY TRUTH, CONVICTION AND BELIEF

MUSIC FROM THE BIG HOUSE

Metro Cinema
Feb. 18, 7 p.m., Feb. 19, 9 p.m., Feb. 20, 7 p.m.

## BY BARRY HAMMOND

Crime, punishment and forgiveness. These are big themes' That they are also tied in with the idea of finding God and the healing power of music is what makes Music From The Big House such a powerful film. Bruce MacDonald, usually known for his black comedies like Dance Me Out-

side (1994), Hard Core Logo (1996), The Tracey Fragments (2007), Pontypool (2008), or his more commercial television work has made, in collaboration with veteran blues singer Rita Chiarelli, a pretty straight forward but moving documentary about blues and roots artists resident in the Louisiana State Maximum Security Penitentiary a.k.a. Angola Prison.

Angola already has a storied musical history in that it's associated with early folk and blues artist Lead Belly (Huddie Ledbetter), who had been an inmate there. Legend has it he wrote his song. "Goodnight Irene", for the warden's daughter and that doing so got him paroled (though official his-

tories say he was singing it prior to his incarceration and he was actually released for good behaviour). Female inmate Odea Mathews was the subject of field recordings made there. Both Freddie Fender and Robert Pete Williams were also inmates.

Chiarelli and MacDonald in-BIG HOUSE cont'd on p. 18

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FILM - REVIEW

# Scorching An Oscar Path

GRIPPING CANADIAN FILM OF WAR AND FORGIVENESS DESERVES A WIDER AUDIENCE

Starring Lubna Azabal, Melissa Desormeaux-Poulin. Maxim Gaudette, Directed by Denis Villeneuve

\*\*\*\*

## BY MAUSS ETOUGAS

The news that a Canadian film has been nominated for a major Academy Award should have been front page entertainment news across the

It would have been, had it been an English language film. But buried under all the blather about the nominations for The King's Speech and The Social Network, the nomination for Incendies as best foreign language film barely made a ripple in the media when the Oscar hopefuls were announced.

Yes, the two solitudes exists, strong as ever. This is a shame, since Incendies is a film all Canadians on either side of the language divide can be proud of. It's gripping, first-rate filmmaking, full of stunning twists and turns and secrets revealed, played out on an international stage.

Rare for a Canadian film in any language, Incendies tells a multinational, cross-cultural story, one of family and forgiveness and courage. And, mercifully, it does not bash you over the head with its Canadianess - its home base is Montreal but the bulk of the story takes place in an civil war ravaged, unnamed Middle Eastern country. (I wasted some mental energy trying to figure out what that country is, but where it happened is not relevant. But if you must know, it is based on the Lebanese civil war of 1975-90.)

A fiery scene from the Oscar nominated Incendies. | PHOTO SUPPLIED Arab-Canadian Nawal Marwan (Belgium actress Lubna Azabal) contains two letters with unusual requests for her grown children, Jeanne (Melissa Desormeaux-Poulin) and twin brot her Simon (Maxim Gaudette). Their mother wants them to deliver a letter to their father (whom they have never met, and were always told was dead) and another letter to a brother they have never heard of. Simon, who believed his mother was crazy when she died, says no. But

daughter leanne agrees to take on

the challenge, and heads off to the unnamed country of her mother's

From there, we flip back-and-forth in time, into the past of Nawal's mysterious, often violent life, and present day as Jeanne tries to unravel the mystery. Nawal's story takes place during civil war, while Jeanne travels in peace, with the exception of the almost violent reception she gets when she reveals who her mother was. As the story get progressively more complex, Simon is convinced to join the hunt as the

secrets are slowly, shockingly revealed.

Based on the Governor-General Award-winning play of the same name (and known in English as Scorched), Incendies expertly weaves together a number of complex stories without ever losing the narrative thread. At its most elemental, it's mystery, but it's also a story of the power of forgiveness.

Director Denis Villeneuve, whose previous film was the controversial but hardly seen Polytechnique, a dramatization of the Montreal

Massacre of 1989, is in complete command of a complex story. Incendies has been a well-deserved hit in Quebec, earning more than \$2.5 million in that province alone. I hope that the fact that Incendies is in French with subtitles doesn't deter too many filmgoers from seeing it. The mere mention of the words "subtitles" and "French" and "Canadian" is often enough to scare off all but the most dedicated cinephile. This would be a shame. In any language, Incendies is an outstanding



## FOLKWAYS ALIVE! PETER NORTH OF PRESENT OF

# WINTER ROOTS &

FRIDAY FEBRUARY 25 FREEBO WITH SPECIAL GUEST

SATURDAY FEBRUARY 26 ROSALIE SORRELS JOHN RUTHERFORD & KARLA ANDERSON

Expressionz Café, 9938 - 70th Avenue Doors at 7:30 PM, Performance at 8:00 PM, S20

**DETAILS AT** WWW.UALBERTA.CA/FOLKWAYSALIVE





BIG HOUSE (cont'd from p. 17)

terview several lifers who play in the prison bands like The Jazzmen, sing, or build guitars. Most of the men they talk to have no illusions about ever getting out and are only trying to live better lives with what little they've got left. Many have turned to God and, while jailhouse conversions to Christianity have become a somewhat suspect-cliché, the men they interview seem completely sincere. It's hard not to feel compassion for the plight they're in, usually through stupid mistakes with drugs and alcohol. Chiarelli has obviously been deeply affected by the process says, "I started this journey about 10 years ago and it's been a long time to try and make this happen but every time I've come down this place has touched me more and more. It's a really interesting situation here on life and humanity and people

and how we are with one another and how we should be. I never imagined that: a) that I would get to know some of these guys and b) that I would feel what things they're going through, feel - believe - that they're changed people [but] through the music and listening to them and talking to them my heart has opened up to realizing that people make mistakes and you have to forgive people.'

The film doesn't forget the victims

"I know. Part of me says there's victims, too, right?" Chiarelli says. "It tears at me a little bit because I know, being a victim, that pain can be with you for life. I don't know up until now if I'd had anything - an experience like this - as powerful

Mostly, she just wanted to get their music and stories heard. Two of the most striking and articulate intervie-

wees are singers Albert Patterson and Ray Jones, both black men sentenced to life for second degree murder. You hear the sincerity of their tales and see their talent but, like everyone interviewed and shown in the film, during the end credits their crimes and sentences are stated so you understand what put them there

The photography, in both black and white (during the interviews) and colour (during some of the concert footage, which includes Lead Belly's song, "The Midnight Special"), by Steve Cosens, is both stark and moody as required. It's a film that tells it like it is and doesn't let anyone off easily. It makes the audience directly confront those questions of crime, punishment and forgiveness. No matter where you stand on these issues, you won't be the same once you've seen it. Like the blues itself, the film is all about truth, conviction and belief.

# SOMETHING'S ENTERTAINING EDMONTON

something going on? let us know by Friday noon | listings@yeglive.ca

SUPPORT THE EDMONT INTERNATIONAL FILM FESTIVAL AND WATCH COMMERCIALS WITH A TUB OF MOVIE THEATRE POPCORNI FEB. 21-24

## FEBRUARY 7

art | 5 ARTISTS, 1 LOVE What better way to celebrate Black History Month than by showcasing artwork from five local artist who happen to be black. Celebrate the diversity in our community. and feast your senses on some inspiring visual treats. TU Gallery, 10 a.m.

## FEBRUARY 1

sea | SHIPWRECKED It's opening night at Atlas Theatre's debut production, and where are you? Naturally, front row and centre. Bring the family and enjoy a witty tale based on the life and times of British explorer Louis de Rougemont, Holy Trinity Anglican Church, 7:30 p.m.

cool | THE SNOW VALLEY BIG HIT Grab your helmet and step right up for the second annual terrain park competition. Not a fan of snow sports? No worries, come out and take in all the sights and sounds that come along with it! Snow Valley,

## FEBRUARY 20

soft rock | MELISSA ETHERIDGE "Come to my window. Crawl inside, wait by the light of the moon. Come to my window, I'll be home soon." After a battle with breast cancer and same-sex marriage woes. it's our turn to be serenaded. Jubilee Auditorium, 7:30 p.m.

## FEBRUARY 2 FEBRUARY 22

Maybe you're close, or maybe your estranged. Either way the Alberta government dedicates the third Monday of February to our loved ones each year and we love the time off! Kick up your feet and watch Ellen, or head to the legislature grounds

holiday | FAMILY DAY

OID! LEGALLY BLONDE Pink.Check. Blonde.Check. Revealing clothes.Check. It's beginning to look a lot like a somrity in here! We're not sure how the musical will be, but we're certain there is a group of ditsy 30-year old women primping for the big night! Jubilee Auditorium, 8 p.m.

## FEBRUARY ...

ha | world's HOTTEST COMMERCIALS Now that you've finally got your PVR set up to avoid commercials during Jersey Shore, why not pay come hard earned cash to watch some! Oh come on it's a FUNdraiser for EIFF. Empire City Centre Cinemas. 6:45 p.m.



## Music Listings Provided by YEG Live

# MUSIC

Live Music

ACCENT EUROPEAN LOUNGE • Tim Gilbertson with Alex Vissia (Pop. Rock) • 9:30 PM • NO COVER. BLUE CHAIR CAFE • Thursday Night Jazz feat. Charlie Austin Trio (Adult Contemp., Jazz) • 8 PM • \$8 ADULTS, \$5 STUDENTS, LAST SET FREE.

BLUES ON WHYTE • Boogie Patrol (Blues, Gospel, R&B)

VENUE GUIDE

ACCENT EUROPEAN LOUNGE • 8223 104 ST • 780 431-0179

WWW.ACCENTLOUNGE.COM

**AVENUE THEATRE • 9030 118 AVE • 780-477-2149** 

BLACK DOG FREEHOUSE - 10425 WHYTE AVE - 780 439-1082

WWW.BLACKDOG.CA

BLUE CHAIR CAFE - 9624 - 76 AV NW - 780 - 989 - 2861 WWW.BLUECHAIR.CA BLUE PEAR RESTAURANT - 10643 123 ST - 780 482 - 7178

WWW.THEBLUEPEAR.COM
BLUES ON WHYTE • 10329 WHYTE AVE • 780 439-5058

BULES UN WHYTE - 2004 399-3038

WWW.BULESONWEYTE CA

BRIXX BAR & GRILL - 10030-102 ST - 780-428-1099

WWW.BUKKABRANDGRILL CA

CARROT COMMUNITY ARTS COFFEE HOUSE - 935118 AV

NW - 780-471-350 ARTSONTHEAVE CRIG-THECARROT

CASINO EDMONTON - 705-54809/L ROAD - 780-463-9467

CASINO EDMONTON - 7055 ARCYLL ROAD - 780-463-9467
WWW.CASINO. 3103 FORT RD - 780 643-4000
WWW.CASINOS. FORT RD - 780 643-4000
WWW.CHY.FOW.CASINOS. FORWATTON
CORVOCATION HALL - LIMIVERSITY OF ALBERTA. 13 ST. AND 91 AVE - 780-492-263
WWW.LOFAWEBILAI.BERTA. CA. AMUSIC/COMHALL. CFM
CROWN & ANCHOR RUB - 1527 OF SATE DOWN'S RO NW 780 472-7696
CROWN PUB - 10070 109 ST NW - 780-428-5618
WWW.CROWNPUBPIZZA. COM
DVB TAVERN - 8307.99 ST - 780 780-0077
DEVANEYS RISES PUB - 90378 BA NW - 780-465-4834
WWW.EDWONTONIONES. COM

OUBLE D'S LOUIGE - 15203 STONY PLAIN RO - 780 486-1133

EDMONTON EVENT CENTRE - #2556 WEST EDMONTON MALL

- 780-489-7469 WWW.EDMONTONEVENTCENTRE.CA

BRIXX BAR & GRILL - Radio Brixx presents One Way State with Radioflyer and friends (Alt., Rock) - 8 PM - S10 AT THE DOOR.

CROWN & ANCHOR PUB - Feast or Famine with Shred Kelly and friends (Punk, Regional) - 8 PM - 55 OR FOOD BANK DONATION.

HAVEN SOCIAL CLUB - Sue Decker with Range Road 251 and Terry Knutson (Blues, Country, Folk) - 8 PM - 510 AT THE DOOR; E-TIX AT YEGLIVE.CA. JEFFREY'S CAFÉ & WINE BAR - Stefan Kijek Quartet feat

Kijek (Classical, Jazz) • 5:04 PM • \$10 AT THE DOOR O'BYRNE'S - Guinness Blues Week feat. Marshall Lawrence

SHERLOCK HOLMES: DOWNTOWN - Rob Taylor (Adult

**ELEPHANT & CASTLE WHYTE AVE** 

• 10314 WHYTE AVE • 780 439-4545
WWW.ELEPHANTCASTLE.COM/EDMONTON\_WHYTE\_AVE

EXPRESSIONZ CAFE - 9938 70 AV NW - 780 437-3667 WWW.EXPRESSIONZCAFE.COM

FESTIVAL PLACE - 100 FESTIVAL WAY, SHERWOOD PARK -

FIDOLER'S ROOST - 8906 99 ST NW - 780 439-9788

FRESH START CAFÉ - 484 RIVERBEND 50 - 780-433-9623

GOOD EARTH COFFEEHOUSE DOWNTOWN - 9942 108 ST -780-761-0440 WWW.GOODEARTHCAFES.COM HAVEN SOCIAL CLUB - 15120A STONY PLAIN RD - 780 756 6010

WWW.JEFFREYSCAFE.COM
JUBILEE AUDITORIUM - 11455 87 AVE - 780-427-2760

WWW.JUBILEEAUDITORIUM.COM

JULIAN'S PIANO BAR • 17727 KINGSWAY • 780.452.7770 WWW.CHATEAULOUIS.COM

KELLY'S PUB • 11540 JASPER AVE • 780 451-8825

LB'S PUB • 23 AKINS DR, ST. ALBERT • 780-460-9100

MARYBETH'S COFFEE HOUSE - 500130 AVE #103, BEAU

MONT - 780-929-2203

MORANGO'S + 10118 79 ST NW + 780 450-9906

O'BYRNE'S . 10616-82AVE . 780-414-6766

WWW.OBYRNES.COM

80-464-2852 WWW.FESTIVALPLACE.AB.CA

REGG.COM/FIDDLERSROOST

## Pop, Folk, Rock) - 8 PM - NO COVER.

SHERLOCK HOLMES: WEM - Tony Dizon (Adult Contemp.) 9:30 PM • NO COVER.

Live Music

AVENUE THEATRE - Snak the Ripper and Guests (Rap) -

BLUE CHAIR CAFE - Big Hank and the Blue Hearts (Blues) -8 PM - \$15 RESERVATIONS RECOMMENDED. BLUES ON WHYTE - Boogie Patrol (Blues, Gospel, R&B)

BRIXX BAR & GRILL - The Canyon Rose Outfit with Blake friends (Alt., Pop. Regional) • 9 PM • STZ AT THE

CASINO EDMONTON • The Top Tones (Adult Contemp.)

THE ROCKS • 11740 JASPER AVE • 780-482-4767 WWW.ONTHEROCKSEDMONTON.COM OVERTIME SOUTH • 4211 106 ST #160 • 780 • 485-171 PAWN SHOP • 10551 WHYTE AVE NW • 780 432-5058 WWW.PAWNSHOPLIVE.CA

QUEEN ALEXANDRA HALL • 10425 UNIVERSITY AVE • RIVER CREE RESORT AND CASINO · WHITEMUD

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WWW.ROUGELOUNGE.CA SHADE 105 - 10148 105 ST - 780 761-0105 SHADE105.COM SHERLOCK HOLMES: DOWNTOWN - 10012 101A AVE -WWW.THEHAVENSCIALCLUR.COM 780-426-7784 WWW.EDMONTONPUBS.COM 18FFREY'S CAFÉ & WINE BAR - 9640 142 ST - 780 451-8890 SHERLOCK HOLMES: WEM - 1659-8882 T/O ST - 780-444-752

WWW.EDMONTONPUBS.COM SPORTSMAN'S LOUNGE • 8170 50 ST • 780 469-3399 STARLITE ROOM • 10030-102 ST • 780-428-1099 WWW.STARLITEROOM.CA

TEDDY'S RESTAURANT - 11361 JASPER AVE - 780-488-0984

WWXTEDDYS.CA
THE ARTERY • 9535 IASPER AVE • 780-441.6966 THEARTERY.CA
THE BILLIARD CLUB • 2.FL, 10505 WHYTE AV NW •
780 432-0335 THEBILLIARDCLUB.COM

780 432-935 THEIRLIABOLUSCOM
THE COMMON - 1012 1425 TWV - 730 432 - 7333
WWW.THECOMMON.CA
THE GAS PUMP CLUB AND BAR - 1056 118 5 T - 780 - 488 - 484 1
WWW.GSSPAINNETHT.CUB COM
WILD EARTH BAKERY - 8902 99 5T - 780 425 - 8423
WWW.WILDEARTH BAKERY.COM
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CENTURY CASINO · Collin Raye (Country) · 7PM · S40 IN ADVANCE. SERVICE CHARGES MAY APPLY.

CONVOCATION HALL · Opera Scenes feat. University of Alberta Department of Music U of A's Department of Music Opera Workshop (Folk) • 8 PM • S5 AT THE DOOR. CROWN PUB • Elphida Trio with Alex Vissia (Alt., Jazz) • 8

PM . SS AT THE DOOR DEVANEY'S IRISH PUB - Alesha & Brendon (Folk, Rock) -

EXPRESSIONZ CAFE - Uptown Folk Club: Winterfest 2011 Part of: Winterfest 2011 (Folk) + 6 PM + \$20 IN ADVANCE, \$40 FOR A COMBO WEEKEND PASS; E-FIX AT YEGLIVE.CA

EXPRESSIONZ CAFE · Michael Hann Part of: Winterfest 011 (Folk) + 8 PM EXPRESSIONZ CAFE · Low Flying planes Part of: Winter-

EXPRESSIONZ CAFE - Colleen Rae Part of: Winterfest 2011

EXPRESSIONZ CAFE · Back Porch Swing Part of: Winterfest

FRESH START CAFÉ - Dr. Blu (Blues) - 7 PM - \$10.

HAVEN SOCIAL CLUB • 95.7 The Sound and The Haven Social Club Present: The Sound of Edmonton Series Chasing Jones with Volcanoless in Canada and The F.O. Jones Soap Co. (Alt., Pop. Rock) - B PM - SID IN ADVANCE: F-TIX AT

JEFFREY'S CAFÉ & WINE BAR · Jamie Philip Trio feat. Jamie Philip (Folk) · 10 PM · SIS AT THE DOOR.

MYER HOROWITZ THEATRE - Motown Meets Vegas feet.

Lee Alverson Motown Magic (Pop. Rock) - 8 PM - \$35 IN

ADVANCE. SERVICE CHARGES MAY APPLY; CHECK WEBSITE

NEW CITY LEGION - Cygnets and friends (Alt., Elect., Rock) O'BYRNE'S · Guinness Blues Week feat. The Mary Thomas

Band (Blues, Rock) • 9:30 PM • NO COVER.

ON THE ROCKS • Bonafide (Rock) • 9 PM • \$5.

RIVER CREE RESORT AND CASINO • The Fab Four (Adult Contemp., Rock) • 8 PM • \$30 IN ADVANCE. SERVICE CHARGES MAY APPLY.

SHERLOCK HOLMES: DOWNTOWN - Rob Taylor (Adult Pop, Folk, Rock) • 8 PM • NO COVER.

SHERLOCK HOLMES: WEM • Tony Dizon (Adult Contemp.)

THE ARTERY • The Joe with Happy Trendy (Folk) • 8 PM • S6 IN ADVANCE. \$10 AT THE DOOR!; E-TIX AT YEGLIVE.CA. WILD EARTH BAKERY . Gary Wayne Myers (Folk) . 8 PM -

WUNDERBAR - Geister with Oh Messy Life and friends (Alt. (k) • 9 PM • ADMISSION BY DONATION YELLOWHEAD CASINO - The Classics (Pop. Rock) - 9 PM - OVERTIME SOUTH + DJ Shnaw (DJ, Pop) + 10 PM + NO

PAWN SHOP - The Internationals Presents Keys N Krate: with Allout ojs and Axe & Smash (DJ, Elect., Pop) - 9 PM -STO IN ADVANCE; E-TIX AT YEGLIVE.CA.

SHADE 105 • Big City Soul'd Out feat. DJ Spryte DJ Shocker & inton (Dance, DJ) - 10 PM -

STARLITE ROOM · Sahbatoge Productions presents Dirtyloud and guests (DJ Flect 1 - 9 PM - \$15

THE BILLIARD CLUB · DJ Gangwar (DJ, Pop. Rock) • 9 PM NO COVER.

## Live Music

AVENUE THEATRE - Lauren Mann and the Fairly Odd Folk with Guests (Folk, Pop) • 8 PM • \$10.

BLACK DOG FREEHOUSE • Hair of the Dog feat. AXIOMA

TIK (Alt., Regional, Rock) • 4 PM • NO COVER. BLUE CHAIR CAFE - Manraygun (Folk, Rock) - 8 PM - \$15

BLUES ON WHYTE · Boogie Patrol (Blues, Gospel, R&B)

BRIXX BAR & GRILL - Shakedowns CD Release feat. The Shakedowns with Soundscape and (riends (Alt., Rock) • 9 PM • \$12 AT THE DOOR.

CASINO EDMONTON - The Top Tones (Adult Contemp.)

CONVOCATION HALL - Opera Scenes feat. University of

Alberta Department of Music U of A's Department of Music Opera Workshop (Folk) • 8 PM • \$5 AT THE DOOR. DV8 TAVERN • Shreddin' Onions with Ooaze and Guests

DEVANEY'S IRISH PUB · Alesha & Brendon (Folk, Rock) ·

DOUBLE D'S LOUNGE - Mister Lucky (Blues, R&B) + 9 PM

EXPRESSIONZ CAFE · Uptown Folk Club: Winterfest 2011 Part of: Winterfest 2011 (Folk) + 1 PM + \$30 IN ADVANCE, \$40 FOR A COMBO WEEKEND PASS; E-TIX AT YEGLIVE.CA.

EXPRESSIONZ CAFE · Spurs of the Moment Part of: Winterfest 2011 (Folk) · 8:30 PM · -EXPRESSIONZ CAFE · Bunkeye Part of: Winterfest 2011

EXPRESSIONZ CAFE . Lacey & Teila Part of: Winterfest 2011

EXPRESSIONZ CAFE - Brett Kissel Part of: Winterfest 2011

EXPRESSIONZ CAFE · Alee & Lauren Part of: Winterfest

2011 (Country, Folk, R&B) • 6 PM • -EXPRESSIONZ CAFE • The Twisted Pickers Part of: Winterfest 2011 (Bluegrass, Country, Folk) • 3 PM • HAVEN SOCIAL CLUB - Lascivious Burlesque with Looking East and Night III The Chelsea (Dance) - 8 PM -

DJs/Club Nights

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Peter Howell.

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**EXCLUSIVE ENGAGEMENT STARTS FRIDAY** 

JEFFREY'S CAFÉ & WINE BAR - Marco Claveria (Jazz,

Latin) • 10 PM • \$15 AT THE DOOR.

JUBILEE AUDITORIUM • Heart (Adult Pop, Rock) • 8 PM • JULIAN'S PIANO BAR - One Man, One Piano (Blues, Classical. Jazz) +8 PM + NO COVER MARYBETH'S COFFEE HOUSE - Self Titled (Folk) - 7:30

O'BYRNE'S - Guinness Blues Week feat. The Fabulous Canola-Tones (Blues) - 6:30 PM - NO COVER.

ON THE ROCKS - Bonafide (Rock) - 9 PM - 55.

QUEEN ALEXANDRA HALL - Northern Lights Folk Club
feat. April Verch (Folk) - 8 PM - 518 IN ADVANCE, SZZ AT
THE DOOR: CHECK WEBSITE FOR TIX.

SHERLOCK HOLMES: DOWNTOWN - Rob Taylor (Adult

Pag Enth Rock) - 8 PM - NO COVER. SHERLOCK HOLMES: WEM - Tony Dizon (Adult Contemp.)

STARLITE ROOM - Kriticos with Mares of Thrace at ns Of Power and friends (Metal) + 9 PM + \$12 AT

TEDDY'S RESTAURANT • The James T Kirks with The Von Zippers and Bombchan (Punk, Tropical) • 9 PM • \$12 AT THE DOOR.

THE ARTERY • Concealer with The Pale Moon Lights and Jody Shenkarek with Fear and Worry (Folk) • 8 PM • \$10 AT THE DOOR.

YELLOWHEAD CASINO • The Classics (Pop. Rock) • 9 PM •

NEW CITY LEGION - Black Polished Chrome Saturdays feat.
Blue Jay with DI Dervish and The Gothfather (DJ) + 9 PM OVERTIME SOUTH - DJ Shnaw (DJ, Pop) + 10 PM - NO

on Nights Riot Crew (DJ, Elect.) • 9 PM • THE BILLIARD CLUB • Alex James (DJ, Pop. Rock) • 9 PM

THE COMMON - Danksoul is Doin' It feat. Bron with Dane
(DJ) - 9 PM - \$5 AT THE DOOR.

Live Music

BLUE CHAIR CAFE • Sunday Brunch feat. Farley Scott and guests (Folk, Jazz) • 10:30 AM • DONATIONS ACCEPTED. BLUE PEAR RESTAURANT - Don Ross (Big Band, Classical,

Jazz) • 6 PM • • CASINO EDMONTON • The Top Tones (Adult Contemp.)

CROWN & ANCHOR PUB - Hangloose with Joe Paonessa and friends (Alt., Rock) • 8 PM • \$10.

EXPRESSIONZ CAFE • Paul Hann Part of: Winterfest 2011

EXPRESSIONZ CAFE - Uptown Folk Club: Winterfest 2011 with Paul Hann Children's Concert Part of: Winterfest 20: (Folk) • 1 PM • S5 IN ADVANCE, OR S20 FOR FAMILIES OF FOUR OR MORE: F-TIX AT YEGLIVE.CA.

FESTIVAL PLACE - David Eggert (Classical) - 2 PM - \$18 AND UP, IN ADVANCE. SERVICE CHARGES MAY APPLY; CHECK

IUBILEE AUDITORIUM - Melissa Etheridge with Serena Ryder (Adult Contemp., Rock) - 7:30 PM - \$40 AND UP, IN ADVANCE. SERVICE CHARGES MAY APPLY.

ON THE ROCKS - Bonafide (Rock) - 9 PM - 55.

PAWN SHOP - Long Weekend Sunday feat. The Kurt West

Express with Give 'em Hell Boys and Miek Headache (Alt.,

Country) - 8 PM - S5 IN ADVANCE; E-TIX AT YEGLIVE.CA.

YELLOWHEAD CASINO - The Classics (Pop. Rock) - 9 PM -

STARLITE ROOM • OKA with Tarun T'Spoon Nayar and friends (Folk) - 8 PM - \$12 IN ADVANCE. SERVICE CHARGES

THE COMMON - Bridging the Gap feat. Allout dis with Chris Goza (Dance, DJ, Elect.) - 9 PM - SS AT THE DOOR.

**Live Music** 

EDMONTON EVENT CENTRE · Keri Hilson (R&B) · 5:30 PM

STARLITE ROOM · Union Events presents Streetlight Manifesto with Terrible Things and A Loss For Words and Lionize (Punk Regional Rock) • 6:30 PM • \$18 IN ADVANCE. SERVICE CHARGES MAY APPLY; CHECK WEBSITE FOR TIX.

Live Music

BRIXX BAR & GRILL • Troubadour Tuesday feat. Mark Feduk and friends (Rock) • 8 PM • 55 AT THE DOOR. NEW CITY LEGION • Bingo vs Karaoke feat. Karaoke Hosted by Ben Disaster and Dildozer (Karaoke) • 9:30 PM • NO

Live Music

BLACK DOG FREEHOUSE . Oh My Darling (Blues, Country, Regional) • 10 PM • \$10.

GOOD EARTH COFFEEHOUSE DOWNTOWN • Breezy

HAVEN SOCIAL CLUB - Early Show! feat. David Jacobs Strain with Asim Chin (Blues, Rock) - 7 PM - S18 IN ADVANCE, SZZ AT THE DOOR; E-TIX AT YEGLIVE.CA. O'BYRNE'S - Stuart Bendall (Pop. Rock) - 8:15 PM - NO

OVERTIME SOUTH - Karaoke (Karaoke) - 9:30 PM - NO

STARLITE ROOM - The Union presents Plants and Anim with Yukon Blonde (Alt., Rock) • 8:30 PM • \$16 III ADVANCE.
SERVICE CHARGES MAY APPLY; CHECK WEBSITE FOR TIX. THE COMMON . The Common presents Boniay with DaphilDIs/Club Nights

NEW CITY LEGION - Pints 4 Punks feat. DJ Nick (DJ) - 11:13

THURSDAY FEB 17
CARROT COMMUNITY ARTS COFFEE HOUSE - Zoomers
Open Mic - 1 PM - NO COVER.

WARYBETH'S COFFEE HOUSE - Open Mic @ Marybeth's hosted by Bill Bonnah - 7:30 PM - NO COVER.

NAKED ON JASPER - Open Mic @ Naked On Jasper - 8 PM

• NO COVER.
SATURDAY FEB III

CARROT COMMUNITY ARTS COFFEE HOUSE · Open Mic @ The Carrot + 7 PM + NO COVER.

MORANGO'S . Open Mic @ Morango's Tek Cafe . 7 PM . NO

THE GAS PUMP CLUB AND BAR - Live Blues Jam - 3:30

EXPRESSIONZ CAFE - Sunday Night Songwriter's Stage - 7
PM - ADMISSION BY DONATION.
O'BYRNE'S - Open Mic @ O'Byrne's - 9:30 PM - NO COVER.

DEVANEY'S IRISH PUB - Singer Songwriter Night @

KELLY'S PUB • Monday Night Open Stage feat. Open Stage

© Kelly's and Guests • 9 PM • NO COVER.

ROUGE LOUNGE · Open Mix @ Rouge Lounge · 9 PM · NO

LB'S PUB · Tues Open Jam @ LB's Hosted by Mark Ammar ·

O'BYRNE'S • Celtic Jam @ O'Byrnes • 9 PM • NO COVER.

SPORTSMAN'S LOUNGE • Open Mic @ Sportsman's • 9 PM

WEDNESDAY FER TH

BRIXX BAR & GRILL - Eats N Beats Wednesday and

Triends • 6 PM • NO COVER.

DEVANEY'S IRISH PUB • Open Mic @ Devaney's hosted by Duff Robinson • 8 PM • NO COVER.

ELEPHANT & CASTLE WHYTE AVE • Open Mic @ Elephant

and Castle • 8:30 PM • NO COVER. EXPRESSIONZ CAFE · Expressionz Cafe Open Stage · 7 PM · ADMISSION BY DONATION

FIDDLER'S ROOST - Little Flower Open Stage - 8 PM - \$2 HAVEN SOCIAL CLUB - Wednesday Jam - 9 PM - NO COVER

## **ARTS & CULTURE**

**Exhibits** 

5 ARTISTS, I LOVE TU GALLERY 10718 124 ST - Black History Month Art Show - is both a showcase for Black artists from Edmonton and an opportunity to celebrate diversity in our community. Artists: Johwanna Allyene, Khiry Crooks, Latoya Farrell, Adrian Louden, Lorien Mahieu Darren Jordan, artist/curator. DAILY TIL FEB 19 Info: 780

ABSTRACT ART SHOW (TAYA ROSS) SCOTIA PLACE 10060

ABSTRACT ARTS SHOW (IRTRAUS) SOLDIN FLARE FUDOU JASPER ARE - TOWER TWO DAILY THE FEB 28 AFTER HOURS 11 NAESS GALLERY 10032 BIAVE - Annual staff exhibition; works by Relley Brent, Erin Callaghan, Oneny Case, Kim Foodbotten, End Jamal, Angella Powell and Alisa Rezansoft. MON-WED & FRI 9:30-6:00, THU

ALL THE PRETTY ONES THE ARTERY 9535 JASPER AVE-by Phoebe Surana-Mehit, dealing with female identity in symbolic terms. - DAILY TIL MAR 6 theartery.ca ARE VOILHERE? RUTHEREORD SOUTH LIBRARY

RUTHERFORD SOUTH 1-01 - Finding Home On A Map of the World. English Undergraduate Student Association presents a written-word exhibit in the Library Galleria.

DAILY TIL FEE ZA
BEGINNINGS AND ENDONGS GLEHROSE HOSPITAL 10230

111 AVE - Medical students in the Art In Medicine Club
created themed artwork using acrylic ink, watercritour and
oil. Mezzanine Follery- DAILY TIL FEE Zo Info: 201735-7999

CABIN FEVER THE ARTERY 9355 JASPER AVE - Renderings by an Unhinged Man by Smokey. DAILY TIL MAR 6

CHANGING SEASONS GLENROSE HOSPITAL 10230 111 AVE An exhibit by Mary Paranych, reflects areas of the places she has travelled. Blue Curve Gallery-DAILY TIL FEB 26 Info: 780 735-7999 CORE THEORY (SCOTT PLEAR) AGNES BUGERA GALLERY

12310 JASPER AVE - - TUE-SAT FEB 18 TO MAR 4 10AM-4PM www.agnesbugeragallery.com
DRESS UP GAMES VISUAL ARTS ALBERTA GALLERY

10215 112 ST - Roxanne Taylor's most recent painted series addresses ideas about contemporary costuming and everyday social performance in an effort to define an attitude and character that is distinctly Canadian • WED-FRI 10-4, SAT 12-4 TIL FEB 18. visualartsalberta.com EXHIBITION CENTRE D'ARTS VISUELS DE L'ALBERTA

9103 - 95 AVE · Featuring some of our 160 members, a presentation of different mediums and techniques.-DAILY TIL FEB 23 Info: 780 461-3427 www.savacava.com

TIL FEB 23 Into: 780 461-542 / www.awacava.com FERATURE ARTIS SHOW (ALLED ARTS COUNCIL OF SPRUCE GROVE) MELCOR CULTURAL CENTRE 35 FIFTH AVE, SPRUCE GROVE - Water in Motion Of this Savigan photographer: MON-THU 10-6, FINS AT 10-5 TIL FEB 19, Into: 780 962-0664 www.alliedartscouncil.com Info: 780 962-0664 www.alliedartscouncil.com
FOR THE LOVE OF ART WEST END GALLERY 12308 JASPER

es from Grant Leier W.H. Wehh Annabell





# The Roult Brothers

For over 30 years, Lionel Rault has been one of Alberta's favourite folk-roots musicians. He has played with Johnny Shines and Louisiana Red, he also toured extensively with John Lee Hookerplaying bass behind the blues legend.

SATURDAY AFTERNOON JAM 3-6PM - LIVE MUSIC 6 DAYS A WEEK



# Will MacCalder

ft. The Rout Brothers

Will MacCalder (formerly of Pontiac), alongside The Rault Brothers for this can't miss performance Don't miss Willie's trademark piano stylings of pounding the keys and driving the band.

CLOSED SUNDAYS CORNER OF 118 8 UPCOMING EVENTS: FEB 21- Little Charlie Trouble

FEB 22 - Moses Gregg

FEB 23 - Gordie Matthews

FEB 24 - Tim Lee FEB 25 - Rusty Reed Band

Marquis and glass by Robert Held and David Thai. - TUES-SAT 10-5 TIL FEB 26 www.westendgalleryitd.com FOUNDATION RUTHERFORD SOUTH LIBRARY RUTHER-FORD SOUTH 1-01 - Visual Arts: ART 134; Anna House, instructor, Rutherford Library South Fover, - DAILY FROM

GRANDS ESPACES ALREPTAINS GALERIE DAVA 057/, 07 ST · Featured: Karen Blanchet, Emma Cayer, Doris Charest, Monika Dery, Suzanne Gaultier, Sylvia Grist, Patricia Lortie Snarks, Jaroues Martel, Danièle Petit, Diane Plasse, Uto Rieder and Nathalie Shewchuk-Paré. DAILY FROM FEB 18 TO APR 10 Info: 780 461-3477

IN SEARCH OF LOST TIME VISUAL ARTS ALBERTA 6ALLERY 10215 112 ST - Debra Bachman Smith explores memory and the illusion of permanence through mixed media portraits. WED-FRI 10-4, SAT 12-4 TIL FEB 18

LANDSCAPES (ALBERTA SOCIETY OF ARTISTS) WALTER-DALE PLAYHOUSE 10322 B3 AVE · Exhibition in the Gallery, by Lorraine Shulba and Debra Hovestad open to the public during performances of Rabbit Hole & extra public viewing TUE-FRI 8-10PM, SAT 10AM-4PM & 8-10PM, SUN 7-4PM walterdalenlavhouse.com

NEW WORKS SCOTT GALLERY 10411 124 ST - by Martha Cole: the "nower of place" that is so characteristic of the

rairies.- FEB 15-19, 10-5PM. www.scottgallery.com PATTERNS IN GLASS MUSEE HERITAGE MUSEUM 5 ST. ANNE STREET, ST. ALBERT - Metis Design in Beads. The design and creation of beadwork by Métis women. DAILY

PHOTO-ABSTRACTS MCMULLEN GALLERY 8440 117 ST. DAILY TIL MAR 13 www.friendsofuah.org

PHRASES TO PAINT (WILLIAM G. PRETTIE) MISERI-

CORDIA HOSPITAL 16940 87 AVE · Painting series originally inspired by the events of 9/11, incorporates select writings of some recent thinkers on the human condition. • DAILY

QUALICO FAMILY DAY ART GALLERY OF ALBERTA 2 SIR WINSTON CHURCHILL SQ - Enjoy free admission 

the Art Gallery of Alberta on Family Day courtesy of Qualico. - MON FEB 21 www.youraga.ca
RUSS ALLEN GLENROSE HOSPITAL 10230 111 AVE -

Wood-turned bowls from found materials around the Edmonton/St. Albert area and purchased exotic wood pieces. Art on the Inside Gallery DAILY TH. FFR 76 Info. 780 735-7999

SKY LIGHTS (HILARY PRINCE) SCOTT GALLERY 10411 124 ST Focusing on the dramatic prairie sky, Prince concentrates on the quality of the light, the ever-changing composition:

STIMULATE YOUR MIND WITH FINE ART LANDO 1130 105 AVE - Works by gallery artists. - MON-FRI 10-5:30, SAT 10-4:30 TIL FEB 19 Info: 780 990-1161 www.

TERRY ISAAC ART SHOW PICTURE THIS! FRAMING & GALLERY 959 ORDZE RD, SHERWOOD PARK - Internation ally acclaimed wildlife artist exclusive exhibition.- 10-6 DAILY TH FEB 19. terryisaacsart.com

THE CHRONICLES OF NARNIA TELUS WORLD OF SCIENCE 11211 142 ST - Tour scenes from the legendary world of Namia white learning about the science behind it - DAILY TIL MAY 1 www.edmontonscience.com
THE EXILE OF THE TREES GALLERY AT MILNER 7 SIR WIN-

STON CHURCHILL SQ - Paintings by Ricardo Copado use surrealism to demonstrate how trees can tell stories about the state of our earth and their struggle for survival. DAILY TIL MAR I www.epl.ca

THE SYMBOLIST MUSE: A COLLECTION OF PRINTS FROM THE NATIONAL GALLERY OF CANADA ART GALLERY OF ALBERTA 2 SIR WINSTON CHURCHILL SO Featuring works by 26 important European artists. including Paul Gauguin, Vassily Kandinsky, Edvard Munch Pablo Pirasso and Oditon Redon. - DAILY TIL MAR 13 Info: 780 422-6223 www.youraga.ca

THE WOODS ARE LOVELY, DARK AND DEEP PROFILES. The exhibition features artwork by Susan Casault, Kathryn Manry, Judith Martin, Arlene Wasylynchuk and Lesley Roy. DAILY TIL APR 2 www artsheritage.ca

WINTER EXHIBIT ART BEAT GALLERY 26 ST ANNE STREET , ST ALBERT - New paintings, turned wood, soapstone & glass by gallery artists. • DAILY TIL FEB 28 www.artbeat

WORKS BY LOCAL ARTISTS JOHNSON GALLERY 7711 85 ST - Showing Works by Audrey Pfannmuller. Dave Ripley. Ada Wong Sonia Marninske and Pottery by Noboru Kubo 9-5 MON-FRI, 10-4 SAT TIL MAR 5 www.iohnsongallerv.ca

AUGUST: OSAGE COUNTY CITADEL THEATRE 9828 101A AVE - Come meet the Westons! 2008 Pulitzer and Tony Award winning drama. Starring Fiona Reid. • DAILY TIL FEB 20. AT 7:30 PM Info: 780 425-18020 tickets citadeltheatre

COME BLOW YOUR HORN (LEDUC DRAMA SOCIETY) MACLAB THEATRE 9828 101A AV NW - A cornedy by Neit Simon. Tickets III Gift Solutions, Ledux Library and Maclab Centre on show dates: FEB 11, 12, 18 7PM, FEB 13 2PM, FEB 19 2PM & 7PM Info: 780 986-9501 www.leducdramasociety.ca

COMMUNION (THEATRE NETWORK) ROXY THEATRE 1670B 124 ST NW - A captivating tale of a wisecracking mothe her estranged daughter and the therapist she turns to. celebrated new play from prolific Canadian playwight Daniel MacIvor - DAILY TIL FEB 20, AT 8:00 PM www. theatrenetwork.ca
DIE-NASTY VARSCONA THEATRE 10329 NN AVE - The Cana-

dian Comedy Award-winning live improvised soap opera returns for its 20th season of romance, passion, betrayal MERMAID THEATRE PRESENTS HORIZON STAGE 315 IES PERSEN AVE. SPRUCE GROVE - Children will entoy meeting Leo Lionni's Swimmy, a tiny fish who uses ingenuity to fend off danger, Frederick, a poetic mouse, who makes everyday life an artful experience; and a lovable inchworm who measures everything. - SAT FEB 19, 2:00 PM Info: 780

PARRIT HOLE WALTERDALE PLAYHOUSE 10322 83 AVE · Edmonton premiere of the Pulitzer Prize winning play by David Lindsay-Abaire. 2 for I Thurs Feb 10 (at the doo onty) - 8PM FEB 9-12 & 15-19, 2PM FEB 13, NO SHOW FEB 14 SEUSSICAL JUNIOR FESTIVAL PLACE 100 FESTIVAL WAY.

SHERWOOD PARK - Join the many characters from III

## **SHOWTIMES February 18** February 24, 2011

METRO			
9828-101A AVE ZEIDLER HALL, CITADEL THEA	TRE		
780-425-9212TURKEY SHOOT: PIECES	STC		
Director: Juan Piquer Simon USA/Spain/Puerto Rico			
1982, 87 min* Feb 17 @ 9pm			
MUSIC FROM THE BIG HOUSE	STC		
Director: Bruce McDonald			
Canada 2010, 90 min, DigiBeta* Feb 18 & 20 @ 7pm			
* Feb 19 @ 9pm			
SMALL TOWN MURDER SONGS	14A		
Oirector: Ed Gass-Donnelly			
Canada 2010, 75 mln* Feb 18 & 20 @ 9pm* Feb 1	9 @ 7pn		
GARNEAU			

87/2-109 STREET 780-433-0728 ightly @ 6:45 & 9:15pm at, Sun & Monday matinees @ 2:00pm (sturbing content, mature subject mati PRINCESS

NOTHER YEAR 76.6 tinees @ 2:00pm nday matinees @ 1:00 BLACK SWAN

GRANDIN
GRANDIN MALL, SIR WINSTON CHURCHILL AVE, ST

ALBERT NOT AVAILABLE AT TIME OF PRINT LEDUC

4702-50 ST.LEDUC 780-986-2728 NOMEO & JULIET

WANTED

A Min MATINEE - Sat. - Sun.-Mon - 1:10 pm and 3:25 pm MATINEE - Sat. -LY - 7:10 pm

EAGLE
Violence, Not Recommended for Young Children
115 Min MATINEE — Sat. -Sun. -Mon - 1:00 pm and
3:35pm NIGHTLY — 7:00 pm and 9:35 pm 335pm NIGHTLY— 7:00 pm ana 5-3-2 I AM NUMBER FOUR PG Frightening Scenes, Not Recommended For Young Children 109 Min MATINEE — Sat. - Sun.-Mon - 1:05 pm and 3:40 pm NIGHTLY - 7:05 pm and 9:40 pm PG

GO WITH IT

Content 116 Min MATINEE - Sat. - Sun.-Mon - 12:55
nd 3:30 pm NIGHTLY - 6:55 pm and 9:30 pm

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14A ROOMATE nce 92 Min NIGHTLY- 9:20 pm

JSTIN BIEBER:

EVER SAY NEVER IN DIGITAL 3D G

15 MIn MATINEE - Sat. - Sun. - Mon 12:55 pm and 3:30 m

NIGHTLY - 6:55 pm and 9:30 pm

14A

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m and 3:35 pm NIGHTLY - 7:00 pm and 9:35 pm
HE ROOMATE
Jolence 92 Min NIGHTLY - 9:20 pm

ARKILAND

IG MOMMAS LIKE FATHER LIKE SON PG

III – Thurs 6:50pm & 9:10pm Matinees Sat Sun Mon &

Ues 12:50pm & 3:10pm

INKNOWN 14A

14A

1 - Thurs 7:00pm & 9:20pm Matinees Sat Sun Mon
Tues 1:00pm & 3:20pm Violence Movies for Mommies
1Feb 22/J1 @ 1:00pm Thurs 6:55pm & 9:15pm
 atinees 5at Sun Mon &Tues 12:55pm & 3:15pm
 ted – PG Frightening Scenes, Not recommended for

MEO AND JULIET

Thurs 7:05pm & 9:00pm Matinees Sat Sun Mon is 1:05pm & 3:00pm USTIN BIEBER: NEVER SAY NEVER 3D G

k (Ues 12:45pm & 3:05pm UST 60 WITH IT PG ril – Thurs 7:15pm & 9:25pm Matinees Sat Sun Mon k/Tues 1:15m & 3:25pm Crude Content

127 HOURS CINEPLEX ODEON SOUTH

I AM NUMBER FOUNT FRIGHTENING SCENES, NOT REC. FOR YOUNG CHILDREN ULTRAAVX, NO PASSES FRI-SUN 1215, 3:00, 5:30, 8:15, 10:45; MON 12:15, 2:50, 5:30, 8:00, 10:30; TUE-THURS

1:00, 3:20, 5:40, 8:00, 10:15
BIG MOMMAS: LIKE FATHER, LIKE SDN PG
NO PASSES FRI-SUN 12:00, 2:25, 4:40, 7:20, 10:00;
MON-THURS 1:00, 3:15, 5:30, 7:45, 10:10
UNKNOWN 14A VIOLENCE NO PASSES FRI-SAT, MON 12:15,

530, 745, 1035; SUN 12:15, 245, 745, 10 15; TUE-WED 1330, 4:10, 7:15, 9:50; THURS 4:10, 7:15, 9:50 **UNKNOWN**14A STAR & STROLLERS SCREENING, NO PASSES

JUST GO WITH IT PG CRUDE CONTENT NO PASSES FRI-SUN 12:00, 2:40, 5.25, 8:10, 11:00; MON-TUE 1:00, 4:00, 7:00, 10:00; WED 1:00, 3:35, 10:30; THURS 4:00, 7:00, 10:00 JUST GO WITH IT

CRUDE CONTENT STAR'S STROLLERS SCREENING, NO PASSES THURS 1:00 NOT REC. FOR YOUNG CHILDREN, VIOLENCE FRI-SUN 12:20, 3:00, 5:45, 8:30, 11:10: MON-THURS 1:15, 4:15, 7:15,

GRIPSON STAND SULIET G
FRI-SUN 12:30, 2:40, 5:00, 7:30; MON-THURS 1:00, 3:10,

5:22, 7:30 **GONOMEO AND JULIET 3D** DIGITAL 3D FRI-SUN 12:00, 2:10, 4:20, 6:30, 8:40, 10:50: MON 12:00, 2:10, 4:20, 6:30, 8:40; TUE-THURS 2:10, 4:20

MON 12/10/2000

MON 12/10/2000

JUSTIN BIEBER: NEVER SAY NEVER 3D

GOGITAL 3.0 FR. MANN 12:00, 2:30, 5:00, 7:45, 10:15; TUFTHURS 2:00, 4:30, 7:15; 9:45

THE ROOMMET

VIOLENCE FRIS SIN 12:00, 2:10, 4:20, 6:30, 8:45, 11:00; MON-THURS 1:20, 3:30, 5:40, 7:50, 10:00

MAN-THURS 1:20, 3:30, 5:40, 7:50, 10:00

MAN-THURS 1:20, 3:30, 5:40, 7:50, 10:00

MAN-THURS 1:20, 3:30, 5:40, 7:50, 10:00

SANCTUM 3D

14/
NOT RECOMMENDED FOR CHILDREN.GORY SCENES,
COARSE LANGUAGE DIGITAL 3D FRI-MON 12:10, 2:40,
5:00, 7:40, 10:30; TUE-THURS 1:15, 3:40, 7:15, 10:00

FRIGHTENING SCENES, NOT RECOMMENDED FOR NO STRINGS ATTACHED

165; 4:10; house THE REEN HORNET 3D CHARSE LANGUAGE, VIOLENCE DIGITAL 3D FRI SUN C200, 4:45, 7:30, 10:15; MON-THURS 1:30, 4:15, 7:00, 9:4 14A

THE KING'S SPEECH PD ANGUAGE MAY OFFEND FRI-SUN 12:20, 2:45, 5:15, 7:50, 0:30; MON 12:10, 2:45, 5:15, 8:05, 10:30; TUE-THURS :30, 4:30, 7:30, 10:05

BLACK SWAN NOT RECOMMENDED FOR CHILDREN, SEXUAL

THE METROPOLITAN OPERA: LA FANCIULLA DEL WEST ENCORE SAT 13:00 WWE ELIMINATION CHAMBER - 2011 SUN

GALXY CINEMAS SHERWOOD PARK

TAM NUMBER FOUR
FRIGHTENING SCENES, NOT REC. FOR YOUNG CHILDREN
NO PASSES FRI 4:15, 7:00, 9:45; SAT-MON 1:35, 4:15, 7:00,
9:45; TUE-THURS 7:00, 9:45 UNKNOWN VIOLENCE NO PASSES FRI 4:05, 6:50, 9:50; SAT-MO

1:10, 4:05, 6:50, 9:50; TUE-THURS 6:50, 9:50 CRUDE CONTENT NO PASSES FRI 4:10, 7:10, 9:55; SAT-MON 1:20, 4:10, 7:10, 9:55; TUE-THURS 7:10, 9:55 PG
NOT REC FOR YOUNG CHILDREN, VIOLENCE FRI 4:25,
7:15, 10:05; SAT-MON 1:45, 4:25, 7:15, 10:05; TUE-THURS 7:15, 10:05

GNOMEO AND JULIET 3D

GIGTAL 3D

FIR 4:30, 6:55, 9:20; SAT-MON 11:50, 2:10, 4:30, 6:55, 9:20; TUE-THURS 6:55, 9:20

JUSTIN BIEBER: NEVER SAY NEVER 3D

GOTTAL 3D IDSTITUS REBER: NEVER SAY NEVER 30 G IDSTITUS OF FRI 3:50, 6:40, 9:30, SAT-MON 1:00, 3:50 IDSTITUS OF FRI 3:50, 6:40, 9:30 ENCE FRI-THURS 10:10 SANCTUM 3D SANCTUM 3D 14A NOT RECOMMENDED FOR CHILDREN.GORY SCENES.COARSE LANGUAGE DIGITAL 3D FRI 4:35, 7:20, 10:00: SAT-MON 1:50, 4:35, 7:20, 10:00: TUE-THUR: 7:20, 10:00

NO STRINGS ATTACHED

SUBSTANCE ABUSE SEXUAL CONTENT, NOT RECOMMENDED FOR CHILDREN FRI 4:20, 7:15, 10:00; SAT-MON

140, 4:20, 7:15, 10:00; TUE-THURS 7:15, 10:00

14A SE LANGUAGE, VIOLENCE FRI 4:05, 7:05; SAT-MON 05, 7:05; TUE-THURS 7:05 INCLE EDE Ins. 4:09, 7:05; TOE-FINITO 7:05 THE KING'S SPEECH LANGUAGE MAY OFFEND FRI 4:00, 6:45, 9:35; SAT-MON 1:05, 4:00, 6:45, 9:35; TUE-THURS 6:45, 9:35

NORTH EDMONTON

FRIGHTENING SCENES, NOT REC. FOR YOUNG CHILDREN
ULTRAAVX, NO PASSES FRI-THURS 1:50, 4:40,

816 MOMMAS: LIKE FATHER, LIKE SON PG NO PASSES FRI-TUE.THURS 1:20, 4:20, 7:50, 10:30; WED 4:20, 7:50, 10:30

BIG MOMMAS: LIKE FATHER, LIKE SON STAR & STROLLERS SCREENING, NO PASSES WED 1:00 UNKNOWN 14A VIOLENCE NO PASSES FRI-THUR:

CRUDE CONTENT DIGITAL CINEMA, NO PASSES FRI-TUE, THURS 1:40, 4:30, 7:20, 10:15; WED 4:30, 7:20,

CRUDE CONTENT STAR & STROLLERS SCREENING, NO PASSES WED 1:00

THE EAGLE

NOT REC. FOR YOUNG CHILDREN VIOLENCE FRI-TH-URS
1250, 345, 645, 940

SHOMEO AND JULIET 3D

SHOMEO AND JULIET 3D

SHORT 3D

SH

THE ROOMMATE 14A
VIOLENCE FRI-THURS 10:00 SANCTUM 3D 14A NOT
RECOMMENDED FOR CHILDREN,GORY SCENES,COARSE
LANGUAGE DIGITAL 3D FRI-THURS 2:00, 4:50,

THE MECHANIC

BRUTAL VIOLENCE FRI-THURS 210, 520, 8.0.0 10.25

NO STRINGS ATTACHED INA SUBSTANCE ABUSE SEXULI
CONTENTACT RECOMMENDED FOR CHILDREN FRITHURS 150, 4.01, 5.50, 9.30

THE GREEN HORNET

CARSES, LANGLAGE, VIOLENCE FRI-THURS 115, 4.00, 7.10

TRUE GRIT

MUD (DIENE E PURPAGNA

THE FIGHTER

14A
SUBSTANCE ABUSE.COARSE LANGUAGE FRI-WED 12:20.
3:30, 7:00, 9:45; THURS 3:30, 7:00, 9:45

THE KING'S SPEECH
LANGUAGE MAY OFFEND FRI-THURS 12:40, 3:20, 6:30.

CINEMA CITY MOVIES 12

FOLKONTON 780-472-9779
7 KHOON MAAF
HINDI WICE.ST. FRI-THURS 1:30, 5:00, 8:00
PATIALA HOUSE
HINDI WICE.ST. FRI-THURS 1:00, 4:00, 7:30
SEASON OF THE WITCH
VIOLENCE FRI-THURS 4:50, 7:40, 10:00

COUNTRY STRONG PG SUBSTANCE ABUSE, COARSE LANGUAGE FRI-THURS FRI-THURS 145, 415, 7:30, 9:40
LITTLE FOCKERS
CRUDE SEXUAL CONTENTINOT REC. FOR YOUNG CHILDREN FRI-THURS 140, 4:30, 7:15, 0:45 ULLIVER'S TRAVELS TRON: LEGACY 3D PG
DIGITAL 3D FRI-THURS 1:20, 4:00, 6:55, 9:40
THE CHRONICLES OF NARNIA: THE VOYAGE OF THE DAWN TREADER 3D PRI-THURS 1:05, 4:25, THE TOURIST COARSE LANGUAGE FRI-THURS 1:30, 4:20, 6:50, 9:20
BUBLESQUE
PO
NOT RECOMMENDED FOR CHILDREN, COARSE LANGUAGE FRI-THURS 4:03, 9:25
HARRY POTTED AND HARRY POTTER AND THE DEATHLY HALLOWS: PART 1
NOT REC. FOR YOUNG CHILDREN, FRIGHTENING
SCENES, VIOLENCE FRI-THURS 1:10, 4,45, 7:50 FRI-THURS 1:5, 3:50, 6:45, 9:10

^ LPHA AND OMEGA WINTER'S BONE

SCOTIABANK THEATRE

EDMONTON 780-444-2400 Edimenton To Fig. 1 Am Number Four PG FRIGHTENING SCENES, NOT REC. FOR YOUNG CHILDREN NO PASSES FRITUE-THURS 12:45, 3:45, 7:30, 10:00; SAT-MON 12:45, 3:45 6 45, 9:30 14A TOLENCE NO PASSES FRI-TUE.THURS 1:20, 4 20, 7:20. UNKNOWN

14A

VIOLENCE STAR & STROLLERS SCREENING, NO PASSES

AM NUMBER FOUR THE IMAX EXPERIENCE PG

NOT REC. FOR YOUNG CHILDREN, FRIGHTENING SCENES NO PASSES FRITUE-THURS 1:30, 4:15, 7:00, 9:45; SAT-MON 12:00, 2:30, 5:00, 7:30, 10:00 JUST 60 WITH IT PG VITH IT PG NTENT NO PASSED FRI-THURS 12:50, 3:50,

THE EAGLE NOT REC. FOR YOUNG CHILDREN VIOLENCE FRI SUN-MON 3:40, 4:40, 7:40, 10:40; SAT 12:40, 4:40, 7:40, 10:40; TUE; THURS 1:40, 4:40, 7:40, 10:20; WED 4:40, 7:40, 10:20

OR YOUNG CHILDREN, VIOLENCE STAR &

STROLLERS SCREENING WED ROD

GNOMED AND JULIET 3D

GORTAL 3D PRI-THURS 12:30, 2:40, 4:50, 7:00, 9:30

JUSTIN BIEBER: NEVER SAY NEVER 3D

GORTAL 3D PRI-THURS 10:40, 4:00, 6:45, 9:30; SAT-MON 12:15, 3:00, 5:30, 8:00, 10:30

NAS. 743, 10.49; 101-1 HURS 143, 4.43, 7.43, 10.30 18A SRUTAL VIOLENCE FRI-SAT,MON 1:50, 4:50, 7:50, 10:20 SUN 12:00, 2:30, 10:20; TUE-THURS 10:15 RITE HTENING SCENES, NOT RECOMMENDED FOR

FIRSH TENNO SCENES/ROT HELUMMENDED FOR CHICKNER PRINCIPLO THE CONCERNER PRINCIPLO THE CONCERNER PRINCIPLO THE COMNO STRIMES ATTACKED THE COMNO STRIMES ATTACKED THE COMNENDED FOR CHILDREN FROSIN-WED 1240, 3-40, 9-40

THE GREEN HENRYET 3D

CARSS LANGUAGEN/CLENCE DIGITAL 3D - 14

CARSS LANGUAGEN/CLENCE DIGITAL 3D - 14

CARS LANGUAGEN/CLENCE DIGITAL 3D - 14

CARS LANGUAGEN/CLENCE DIGITAL 3D - 14

CARS LANGUAGEN/CLENCE DIGITAL 3D - 15

THE METROPOLITAN OPERA THURS 12-30, 3-30, 715

WESTMOUNT CENTRE CINEMAS

THE KING'S SPEECH PG
LANGUAGE MAY OFFEND DOLBY STEREO DIGITAL FRI

6:45 9:30: SAT-MON 3:35 6:45 9:30 THE-THURS 5:20 3-20, 63:0, 940; 104; JUST GO WITH IT CHUBE CONTENT DTS DIGITAL, NO PASSES FRI 7:00, 9-50; DTS DIGITAL, NO PASSES SAT-MON 3:50, 7:00, 9-50; DTS DIGITAL TUE-THURS 5:30, 0:20 9-50: DTS DIAM-6-10-BLACK SWAN NOT RECOMMENDED FOR CHILDREN, SEXUAL CONTENT DISTURBING CONTENT DTS DIGITAL FRI 7-10, 20-03-SAT-MON 4-00, 7-10, 10:00: TUE-THURS 5-10, 8-0 CLAREVIEW 10 CINEMAS 42/1/39/14 AVE.
EDMONTON 780-472-7600

NO STRINGS ATTACHED

SUBSTANCE ABUSE, SEXUAL CONTENT,NOT RECOMMENDED POR CHILD PREN PR. 4:05, 6:55, 9:35; SAT-MON

1:30, 4:05, 6:55, 9:35; TUE-THURS 5:35, 8:30 THE ROOMMATE 14A VIOLENCE FRI 4:50, 7:20, 9:55; SAT-MON 2:10, 4:50, 7:20, 9:55; TUE-THURS 5:50, 8:40 14A 9.55. TUE-THURE STOUGHT TAANCHUM 3D TAANGLAGE.NOT RECOMMENDED FOR CHILDREN SORY SCENES DIGITAL 3D RN 4-40.715, 9-55. SAT-MON 2:00, 4-40, 7-15, 9-50, TUE-THURS 5-40, 8:25 P6 DT REC. FOR YOUNG CHILDREN, VIOLENCE FRE3:50, 35, 9:15; SAT-MON 1:00, 3:50, 6:35, 9:15; TUE-THURS USTIN BIEBER: NEVER SAY NEVER 3D DIGITAL 30. NO PASSES FRI 4:10, 6:45, 9:20; DIGITAL 3D NO PASSES SAT-SUN 1:25, 4:10, 6:45, 9:20; DIGITAL 3D MON 125, 4/10, 6435, 9287 TUBERTOR'S 3 UNITED TO SECOND A PART OF SECOND A

BIG MOMMAS: LIKE FATHER, LIKE SON PG FRI 4:30, 7:10, 9:45; SAT-MON 1:45, 4:30, 7:10, 9:45; TUE-THURS 5:10, 8:00 CITY CENTRE 9 CINEMAS

640, 920-1 URL THORN AND A SAME VIOLENCE NO PASSES FRI 4-00, 6-50, 9-30; SAT-MON 120, 4-00, 6-50, 9-30; TUG-THURS 5-20, 8-10 PG NOT PEC-FOR YOUNG CHILDREN FRIGHTENING SCENES FRI 4-20 7-70, 9-40; FRI 4-20 7-70, 9-40; SAT-MON 140, 4-20, 7-00, 9-40;

10700 102KG NZE, UNIT 0300

EMONTON 780-421-7020

JUST GO WITH IT

FRUDE CONTENT NO PASSES, STADIUM SEATING, DOLB
STEREO GIGHTA, ERI-THAURS 12-40, 3-30, 7-00, 10-00

I AM NUMBER FOUR

FOR THE CFR YOUNG CHILDREN FRIGHTENINS SCENES
STADIUM SEATING, DOLBY STEREO GIGHTA, FRI-THAURS

STADIUM SEATING, SEATING,

UNKNOWN 14A
VIOLENCE DOLBY STEREO DIGITAL NO PASSES FRIHHURS 12:50, 3:45, 7:30, 10:15
JUSTIN BIEBER: NEVER SAY NEVER 3D G
3D. NO PASSES, STADIUM SEATING FRI-THURS 12:00.
278, SAID. 764, 10:10.

THE MECHANIC
BRUTAL VIOLENCE STADIUM SEATING, DTS DIGITAL
FRI-SUN 12:20, 2:45, 5:15, 7:40
SANCTUM

DIGITAL FRI-SUN 1005
THE KING'S SPEECH
LANGLAGE MAY OFFEND DOLBY STEREO DIGITAL FRITHURS 1210, 300, 640, 600
GNOMEO AND JULIET 30
STADUM SEATING, DIGITAL 30, DTS DIGITAL FRITHURS 1213, 230, 67, 159, 330
THE RAGLE
MOST

THE EAGLE PG NOT REC. FOR YOUNG CHILDREN, VIOLENCE STADIUM SEATING, DTS DIGITAL FRI-THURS 12:30, 3:15, 6:50, 9:45

Seuss books in a fantastical, magical, musical extrava-ganza - DAILY FROM FEB 18 TO FEB 21 festivalplace.ab.ca SHIPWRECKED! HOLY TRINITY ANGLICAN CHURCH

037 84 AV NW - The Amazing Adventures of Louis de Rougemont, Oonald Margulies' charming, funny play about adventure on the high seas-7:30PM FEB 18-20 & 22-27 Info: 780 437-2891 holytrinity.ab.ca

THE LIFE AND ADVENTURES OF NICHOLAS NICKLEBY TIMMS CENTRE: Epic social satire with Brian Deedrick, 2011 Mary Mooney Distinguished Visiting Artist. DAILY TIL FER 19, AT 7:30 PM Info: 780 420-1757 www.tixonthesquare

BEERPROV AVENUE THEATRE 9030 118 AVE - WED FEB

BROWN ON BOURBON THE COMIC STRIP BOURBON STREET, WEM - The Bear's Paul Brown hosts this Local Talent Night. • TUESDAYS AT 8:00 PM

DIAN (IAN BAGG) THE COMIC STRIP BOURBON STREET, WEM - Ian has performed at Just for Laughs and Aspen Comedy Festivals. - DAILY FROM FEB 16 TO FEB 20, AT 6:30 PM Info: 780 483-5999 www.thecomicstrip.ca COMEDY NIGHT CEILI'S 10338 109 ST - TUESDAYS AT

COMEDY NIGHT SUNDAYS (LARS CALLIEOU) THE DRUID 11606 JASPER AVE - Hosted open stage for anyone wanting to try stand up comedy!- SUNDAYS AT 9:00 PM www.

HIT OR MISS MONDAYS THE COMIC STRIP BOURBON

STREET, WEM • MONDAYS AT 8:00 PM Info; 780 483-5999

THE HYDEAWAY COMEDY NIGHT JEXYLL & HYDE'S
HYDEAWAY 10209 100 AVENUE - - TUESDAYS AT 9:00 PM

CHIMPROV VARSCONA THEATRE 10329 83 AVE - CHIMPROV is Rapid Fire Theatre's longform comedy show. Here you will see crafted improv formats, intricate narratives, and one-act plays sure to make you bust a gut!- SATURDAYS, 17
P.M. (NO SHOWS ON THE LAST SATURDAY OF THE MONTH) www.rapidfiretheatre.com IMPROV ON THE AVE (RAPID FIRE THEATRE) AVENUE

THEATRE 9030 118 AVE - All Ages. - THU FEB 24, 7:00 PM

THEATRESPORTS (RAPID FIRE THEATRE) VARSCONA THEATRE 10329 83 AVE - Teams of improvisors battle in our squared circle. No political figure is safe, no preconception left unprodded. - FRIDAYS AT 11:00 PM

**Readings & Lectures** 

CENTRE FOR READING: FROM BOOKS TO FILM STANLEY A. MILNER LIBRARY 7 SIR WINSTON CHURCHILL SQ. - Info: 496-7000.- FRIDAYS AT 5:00 PM EXPLOSIVE EVIDENCE STANLEY A. MILNER LIBRARY 7
SIR WINSTON CHURCHILL SQ. · Dr. Niels Hamit will be in Edmonton to discuss the trigger event for Afghanistan, the Twin Towers and Building 7 and present evidence proving the presence of explosives. • TUE FEB 22, 7:00 PM

edmonton91ttruth.com FAMILY DAY FUN (KATHY JESSUP) STANLEY A. MILNER LIBRARY 7 SIR WINSTON CHURCHILL SQ. · Rollicking half-hour of stones the whole farmily will enjoy. Hear tales about a Princess who loves frogs, a fish that loves blcorice, and one child's search for the perfect pet!- MON FEB 21,

and one critic 3-sector than the passes of the E30 PM www.epLca PENSION REFORM RIVERBEND PUBLIC LIBRARY 460 RIVERBEND 50 - Why is the Alberta Government blocking needed improvements? Talk by Colin Piquette, sponsoria by the Edmonton-Whitemud NDP constituency associa-

POETRY READINGS ROUGE LOUNGE 10111 117 ST - With

ral noets, Info: 907-5900 • TUESDAYS AT 8:00 PM

STORY SLAM HAVEN SOCIAL CLUB 15120A STONY PLAIN RD - Tell your five-minute, original story on stage, in win audience donations. Followed by music jam. - THIRD WEDNESDAY OF THE MONTH AT 7:30 PM

STROLL OF POETS: POETS' HAVEN READING SERIES Society invites you to celebrate the power of the spoken word with The Poets' Haven Weekly Reading Series.

MONDAYS TIL MAR 21, AT 7:00 PM Info: 780 422-8174

T.A.L.E.S ROSIE'S BAR AND GRILL 10475-80 AVE - Story cafe Series. Info: 932-4409. FIRST THURSDAY OF THE MONTH
WRITER'S CORNER STANLEY A. MILNER LIBRARY 7 SIR
WINSTON CHURCHILL SQ. • The library hosts a different author each month. LAST SUNDAY OF EACH MONTH AT

Screen

SCERECT WORLD'S MORTICALS (EDMONTON INTER-MATIONAL FILM FESTIVAL) EMPIRE CITY CENTRE CINEMAS 1000 0127 JMF - EIFF Fundraiser Prepare Lough, and cry, Rately PG. See whether for times & Bucket prices including WHCLIte JII Lunchtumes - DAILY FROM FEB 21 TO FEB 24 Info: 780 421-7018 wow empiretheatres com

AWARDS OF DISTINCTION GALA (LEDUC AND DISTRICT CHAMBER OF COMMERCE) EXECUTIVE ROYAL INN 8450 SPARROW DR, LEDUC - Join us in celebrating regional excellence at the 2011 Mardi Gras Gala, formal, silent auctions.- SAT FEB 19, 6:00 PM Info: 780 986-5454 www

COMMUNITY ART NIGHT NINA HAGGERTY CENTRE 9704 111 AVE - Adult art session - TUESDAYS AT 6:30 PM Info.

DRAWN OUTSIDE ART GALLERY OF ALBERTA 2 SIR WINSTON CHURCHILL SQ - Celebrate the opening of the new exhibition Drawn Outside designed especially for kids in the BMO World of Creativity! - SUN FEB 20, 12:00 PM

EXPRESSIONZ MARKET PLACE EXPRESSIONZ CAFE 9938 70 AV NW - Creative Market & Silent Auction with artistic, green-minded & crafty vendors. Art Gallery & Cafe are open during Market hours. - FIRST SAT OF THE MONTH, IOAM-3PM expressionzrafe.com

FACEOFF WITH CYSTIC FIBROSIS JUBILEE AUDITORIUM 11455 87 AVE - Help Andrew Cogliano win the Faceoff with Cystic Fibrosis! Dinner & Auction- SUN FEB 20, 5:30 PM Info:

Cystic Fibrosis billing a Addition 304 FEB 20, 330 FM into. 780 466-2265 www.cfedmonton.ca FAMILY ART NIGHT NINA HAGGERTY CENTRE 9704 111 AVE ... THURSDAYS AT 6:30 PM Info: 780 474-7611

FAMILY DAY RUTHERFORD HOUSE PROVINCIAL HISTORIC SITE 11153 SASKATCHEWAN IIII - Explore Rutherford House on Family Day, make a craft, play old-fashioned games, sample cookies baked in a wood-burning stove. MON FEB 21, 12:00 PM www.rutherfordhousehistoricsite.org

FAMILY DAY ALBERTA LEGISLATURE BUILDING 10800 97 AVE · Festivities include horse-drawn wagon rides, family entertainment, a kid's carnival, tours of the Legislature Building, and so much more. MON FEB 21, 12:00 PM Info:

780 471-7362 www.assembly.ab.ca FAMILY DAY FUN STANLEY A. MILNER UBRARY 7 SIR WINSTON CHURCHILL SQ. - Storytelling, crafts, games for Tweens, genealogy open house, screening of aboriginal documentary, paper quilling demonstration, participate in a crime scene investigation. MON FEB 21, 1:00 PM www

FARMER'S MARKET ALBERTA AVENUE CL HALL 9210 118

POETRY READINGS LEVA CAFE BAR 11053 86 AVE - Info

(NSAUDFA) PLEASANTVIEW CL HALL 10860 57 AVE \*Building a Sustainable Future, Becoming a Responsible Speakers - SAT FEB 19, 4:00 PM Info: 780 716-5843 www.

SERVUS COMMUNITY ACCESS NIGHT ARTIGALLERY OF the Art Gallery of Alberta. LAST THU, OF EVERY MONTH.

INAUGURATION, ORIENTATION & DINNER PARTY

TUESDAY NIGHT DANCES MOOSE FAMILY CENTRE 10811 146 AVE - Hosted by Bey Munro. - TUESDAYS 8-11PM Info:

WINTER LIGHT: FAMILY DAY CHURCHILL SQUARE CHURCHILL SQ NW - Bring the whole family down to free hot chocolate, play activities, music and a celebration of our global connections. - MON FEB 21, 12:00 PM Info: 780 760-7779 www.winterlight.ca

Meetings
BABES IN ARMS AND LAPS CARROT COMMUNITY ARTS
COFFEE HOUSE 9591118 AV NW - Moms and little ones
meet. FRIOAYS AT 10:00 AM

BALDWIN WALK (COMMUNITY WALKING PROJECT)

BALOWIN CL HALL 12904 74 ST - Ali Ages. - SATURDAYS, SUNDAYS TIL MAR 27, AT 10:00 PM

FOOD ADDICTS ST. LUKE'S ANGLICAN CHURCH 8424 95 AVE - A free recovery program for anyone suffering from eating disorders, overeating, and food obsession. - THU. 7. P.M. Info: 780 465-2019/450-6179

MAHAMUDRA STUDY PROGRAM KARMA TASHI LING 1050270 AVE - On the text "Clarifying The Natural State", by Dakpo Tashi Namgyal, along with Ven. Thrangu Rinpoche's commentary "Crystal Clear Practical Advice for Mahamudra Meditators" - TUESDAYS AT 7:00 PM MILL WOODS WALKING GROUP (COMMUNITY WALKING

PROJECT) MILL WOODS TOWN ENTRE 2331-65 T- Meets at SW entrance of Mill Woods Towne Centre (near the MMM store) every fue & Thurs morning for at-hour walk. - TUESDAYS, THURSDAYS TE, MAR 31, AT 9 00 AM OVERACTHES AND YMOUS MISERICORDIA HOSPITAL 18940 BT AVE - Weekly support meetings - SATURDAYS AT 1EOD AM Info: 780 423-2546 PROJECT) MILL WOODS TOWN CENTRE 2331 66 ST - Meets

PLEASANTVIEW WALK (COMMUNITY WALKING PROJECT)
PLEASANTVIEW CL HALL 10860 57 AVE - Pleasantview Walking Group. Meet at the community hall. TUESDAYS TIL MAR 29, AT 5:45 PM

RUG HOOKING GATHERING WOODVALE ACTIVITY

CENTER 5804 39 AVE - Learn the Canadian craft & enjoy an

afternoon with members of the Edmonton Traditional Rug hooking Guild, Basement, east entry. • SATURDAYS AT ZPM.

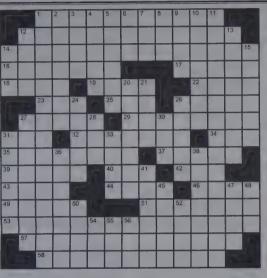
SUIT UP AND SHOW UP: AA BIG BOOK STILDY PRIDE CENTRE 9540 111 AVE - Discussion and support group for those struggling with an aichhol addiction or seeking support in staying sober- SATURDAYS AT 12:00 PM TWIN BROOKS WALK (COMMUNITY WALKING PROJECT)

TWIN BROOKS PARK 113 ST & 11 AVE - Twin Brooks walking group meets at east gates of Village Green complex at 11717 9 B Ave-MONDAYS TIL MAR 28, AT 6:30 PM WALKING WITH GRIEF FOR PARENTS EDMONTON

BEREAVEMENT CENTRE 202, 10339 124 ST - Eight-week structured support series will provide support to parents whose child has died at any age. WEDNESDAYS TIL FEB 28, AT 6:45 PM Info: 780 454-1194, ext. 224

ARTIST AT HEART (JULIE KALDENHOVEN) PROFILES- ART GALLERY OF ST. ALBERT 19 PERRON ST, ST. ALBERT • Captivating Collagraphs: Want to create stunning prints from natural materials. No previous experience required! SAT FEB 19, 10:00 AM www.artsheritage.com

ARTVENTURES PROFILES-ART GALLERY OF ST. ALBERT 19 PERRON ST. ST. ALBERT - Drop-in children's program,



# I GET AROUND

FREESTYLE, BUT NOT FREE OF STYLE.

JONESIN' CROSSWORD by Matt Jones ©2011 Jonesin' Crosswords (editor@jonesincrosswords.com)

ACROSS

1 History

12 They surfaced in 2010

14 Show with Bill Cosby, with "The"

16 In \_\_\_ with

17 "That's too hot!" 18 Rope trick

19 He voices Peter and Stewie

22 Leather shoes

23 Stage actress Hagen

25 Beluga eggs

26 Tall and thin

27 Like a ship without \_ 29 Person that owns the rights to an

invention 31 "Sprechen Deutsch?"

32 Of a natural religion movement

34 Many mins.

35 Gland about the size of a walnut

37 Sidewalk eateries

39 \_\_\_ a slow start

40 Acronym associated with the

Nissan Leaf

42 Org. with a "Leading to Reading" program

43 Handleable

44 Take view of 46 Part of DINK

49 Takes a tumble

51 Group of eight, alternately

53 Spine

57 Imperial soldiers of film

58 Wakes up in the middle of the

night, perhaps

DOWN

1 1905 Edith Wharton novel

2 Lasagna layer 3 She can reach pretty low

4 Altoids rival

5 Ruler on a roll?

6 Gp. now chaired by Reince Priebus 7 Letters associated with Einstein

8 AFL's labor partner

9 Stuff \_\_\_ Cat (humorous cat

website)

10 1984 Emilio Estevez flick

11 Eat seed corn

13 Bar in a brown wrapper 14 1992 AL Cy Young winner Dennis's

15 Emphatic response



20 Tournament favorite

21 James's team

24 \_\_\_ Families With Dependent Children

26 Words prominently seen on a

Renault 5

27 Expedia figures

28 Broadway actress Salonga

30 Nervous movement

31 Commercials, in adspeak

33 Chichen \_\_\_ (Mayan ruins)

36 British sitcom character that

inspired Fred Sanford

38 "Adeste \_\_

41 Old prefix before "cello"

45 "Solid Gold" host Marilyn

47 Dispensers introduced in 1969

48 Spy novelist Deighton

50 Word repeated after "Que"

52 Pith helmet

54 Daily-energy-at-rest figure: abbr. 55 ACLU topics: abbr.

56 Football coach Parseghian



ages 6-12: What's Bugging You? Can bugs be beautiful? Adults must attend with their children & are encouraged to Join in.- SAT FEB 19, 1:00 PM www.artsheritage.ca

AWAKENING THE RIVER OF YOUR HEARTSONG DANCE PERCUSSION STUDIO 7252 101 AVE - Vocal improvisation. MONDAYS AT 7:00 PM Info: 780 485-2515

ECOLOGICAL LIVING (LIDEA FACULTY OF EXTENSION) EN. TERPRISE SQUARE 10230 JASPER AV - Learn how to make concrete changes in your lifestyle to overcome ecological challenges that Canadians and specifically Edmontonian face. TUESDAYS TIL MAR 15, AT 6:00 PM Info: 780 492-3116

EDMONTON'S BILINGUAL TOASTMASTER'S CLUB CAMPUS ST. JEAN 8406 MARIE-ANNE-GABOURY ST. . TUESDAYS AT 7:00 PM

STUDIO 7252 101 AVE - Learn traditional West African hand drumming, - TUESDAYS AT 7:00 PM Info: 780 485-2515 FAMILY FUN DAYS TELUS WORLD OF SCIENCE 11211 142 ST See website for details.- DAILY FROM FEB 19 TO FEB 21 Info:

FLAMENCO DANCE CLASSES (JUDITH GARCIA) BEDOUIN REATS STUDIO 11805 94 ST - - SATURDAYS AT 1:00 PM Info:

780 761-0773 www.flamencoenvivo.com
HEART DANCE WESTMOUNT FITNESS CLUB 12840 109 AVE, EDMONTON - Exploring creative expression of the body through music. WEDNESDAYS AT 7:15 PM Info: 780

JAPANESE SWORD BLADE FORGING NAIT SOUCH

CAMPUS TITO GATEWAY BLVD - AIT Ages. FEB 18 6-9PM. FEB 19 8AM-5PM Info: 780 471-624B www.nail.ca Marimba Lessons Dance Percussion Studio 77:52 101

AVE - • THURSDAYS AT 7:00 PM Info: 780 485-2515

OPEN HOUSE (ST MARTIN UKRAINIAN BILINGUAL

PLAYSCHOOL) ST MARTIN ELEMENTARY SCHOOL 11310 51 AVE - WED FEB 23, 6:30 PM Info: 780 919-8744 www POWERTALK INTERNATIONAL TRINITY UNITED CHURCH

8810 MEADOWLARK RD - Learn the art of public speaking in a relaxed and friendly environment. Whatever your "station" in life, good communication skills are essential - so what about doing something good for yourself!THURSDAYS AT 7:00 PM SALSA ROCKS ON THE ROCKS 17740 JASPER AVE - Dance

lessons with Salsa DJ to follow. THURSDAYS AT 8:00 PM
SWING DANCE AT SUGAR FOOT STOMP ORANGE HALL 10335 84 AVE - Beginner lessons followed by dance -SATURDAYS AT 8:00 PM

TANGO CLASSES ORANGE HALL 10335 84 AVE - . THURS-DAYS AT 7:00 PM Info: 780 905-8505
TOURS FOR TOTS ART GALLERY OF ALBERTA 2 SIR

WINSTON CHURCHILL SQ - Orop in art classes for families and children aged three-five. WEDNESDAYS AT 10:00 AM

G.L.B.T.Q. SENIORS GROUP S.A.G.E. BUILDING 15 SIR WINSTON CHURCHILL SQ . This meeting is for gay Seniors.

that have Gay Family

SEEN IT LIVE - GREAT GIGS YOU MISSED LAST WEEK



SOCK IT TO ME - Joshua Carter gets excited on the dance floor at Rossdale Community League for the Solidarity Rocks sock hop, raising money for punk rock in Cuba. And that is a lot of weird nouns put together. | PHOTO BY FISH GRIWKOWSKY

WEDNESDAYS AT 1:00 PM www.mysage.ca

HIV SUPPORT GROUP PRIDE CENTRE 9540 111 AVE - Sup-DOTT group for people living with HIV/AIDS. FIRST MONDAY OF EVERY MONTH.

ILLUSIONS SOCIAL CLUB: CROSSORESSERS THE JUNC TION 10242 106 ST - · SECOND FRIDAY OF EVERY MONTH, 8:30 P.M. Info: 780 387-3343

MEN TALKING WITH PRIDE PRIDE CENTRE 9540 III AVE · A social discussion group for gay, bisexual and transger dered men to discuss current issues and to offer support to each other: SUNDAYS AT 7:00 PM

SENIORS DROP-IN PRIDE CENTRE 9540 HI AVE - A social and support group for seniors of all genders and sexuallties to talk, have tea and offer each other support. - TUE

YOUTH MOVIE PRIDE CENTRE 9540 III AVE - Movie chosen Myouth (aged 14-25), usually with LGBT themes. Popcom

**YOUTH LINDERSTANDING YOUTH VARIOUS LOCATIONS** VENUES CHANGE - Info: 780-248-1971 - SATURDAYS AT

YOUTHSPACE SOUTH OLD STRATHCONA YOUTH SOCIETY

Activism

CALL FOR NOMINATIONS VARIOUS LOCATIONS VENUES CHANGE - DEADLINE MAR Z5 www.edmonton.ca HELP BUILD A HOME IN FEB (HABITAT FOR HUMANITY)

Info: 780-479-3566 ext 737 www.hfh.org

GRAMMY AWARD-WINNEHMelissa Etheridge brings her
songs of tough yet tender
musical passion to the Judo
n support of her new album,
fearless Love' Feb 20, 730
pm at the Southern Alberta
Jubilee Auditorium, and Monday,
Feb 21, 730
pm, at the
Northern Jubilee Auditorium
Tickets at Ticketmaster
merce gas 5000. AWARD-WINNER Tickets at 1-855-985-5000 licketmaster.ca.

## Announcements

ecord removal since Guaranteeo record removal since 1989 Confidential, fast, affordable, Our A+ BBB rating assures employment/travel & leedom. Call for your free information booklet. 1-8-NCM (1-866-972-7366), www.PardonServicesCanada.co

## 200. Business/Invest. Oppor.

FARMERS/ACREAGE ... Owners: Profil from growing Rhodiola Rosea (herb). 2010 Premier's Gold Award of Excellence for Rhodiola commercial is a 11 on n. www.arrgo.ca. Free workshop. Monica 780-983-0199; require Marran cas nonica@arrgo.ca.

## 200. Business/Invest. Oppor.

MOMS EARNING MORE. Work from home part or full-time. No selling. No inventory. No parties. No risk. View No risk. www.momsearningmore.com.

SHARED OWNERSHIP 50 foot SHARED OWNERSHIP 50 foot late model luxury Motor Yacht Extensively equipped Prime moorage Vancouver Professional management 604-669-2248 Other sail & power options available; www.one4yacht.com.

## Education/Training

LEARN FROM HOME. Earn from home. CanScribe Career College e offers courses in Medical Transcription and Computers Great work at-home opportunities Enrol today! 1 - 8 0 0 - 4 6 6 - 1 5 3 5 , w w w can scribe com , into@canscribe.com

ADVENTURE Tourism! STUDY ADVENTURE Tourism' Train to be an adventure guide in just 9 months. Outdoor Recreation & Ecotourism Certificate. College of New Caledonia, Valemount. BC 1 - 8 8 8 - 6 9 0 - 4 4 2 2 2, www.cnc.bc.ca/valemount.

## 1500. Help Wanted — Alta.

HAVE FUN making money as an actor, actress or film extra on Calgary movie sets. All ages required. Phone 403-521-0077

## 1500. Help Wanted — Alta.

AUTOMOTIVE TECHNICIAN required immediately for busy service centre. Must be a journeyman and a team player becellerin jay, benefits and training program. Reply in confidence to Brent Balley, Heritage Chryster; Lacombe, Alberta with resume Ernall to bballey@heritagechryster.com

BANNISTER GM in Edson. Albarta requires Journeyman Automotive and Collison/Painter Tachnicians We offer Veteran Managers and Supervisors in a family owned operation Signing boruses, moving allowances and top pay come with the right applicant Apply in confidence to dean@bannisteredson.com

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Logistics seeks Office & Safety
Manager in firricana, Allertal
Prior experience in trucking
industry required Base, bonus,
benefits, vehicle Email

DRIVERS/OWNER DRIVERS/OWNER Operators
Wanted Truck contractors need
drivers with log haul experience
and clean driver's abstract
Owner operators needed with 6,
7, 8 axis log trailers. Visit,
www.albac.ca.

## 1500. Help Wanted -- Alta.

PHONE: 430-9003 | FAX: 432-1102 | EMAIL: classifieds@see.greatwest.ca

ELECTRICIAN AND Labourer Wanted - full or part-time positions for residential and light commercial. Wages based on experience skill level and education John's Electric, Oyen 4 0 3 - 6 6 4 - 3 9 6 2 . johnselectric@gmail.com

ENSIGN ENERGY SERVICE Incisologia (in location) expensional position levels or little (in location) expensional location (in location) expension levels or little (in location) expension levels or little (in location) expensional expen

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Cit. AND GAS Production Operators and maintenance provider, is accepting resumes for full-time employment for senior and maintenance production Operators. Postions are camp based in Northam Alberta, likely on an 8s rotation Must have experied on the senior and intermediate gas Production Operators. Postions are camp based in Northam Alberta, likely on an 8s rotation aspects of gathering systems of high gathering systems as well operations. Also accepting resumes for heavy Midhermal production operators and 2rd and 4rb class steam inguiseers for positions being illed in Q2 of 2011. Candidates equire a strong work eithic, ability o interact positively with co-corders and to work under tunimal supervision. PSN offers propetitive wages, full benefits and opportunities for divancement. Submit resumes, were's abstract and industry licets wa email to: 1 careers@psirworld.com or fax. 403-234-6360. Reference 3 telephone for the careers@psirworld.com or fax. 403-234-6360. Reference R E S I D E N T Manager/Maintenance Person required for 140 units in Jasper, Alberta. Permanent full-time. Salary plus benefits. Fax resume to 780-669-1988 or email

SEDGEWICK GOLF CLUB is seeking Superintendent and Ground Staff for the upcoming 2011 season Send resume to Box 43, Sedgewick, AB, TOB 4C0 or brad@arrowil.com. THE INNISFAIL PROVINCE requires an experienced editor for a two person newsroom Send resume writing samples to tsmaldon@olds.greatwest.ca Mountain View Publishing, 5021 - 51 St. Olds, Alberta

WANTED Experienced Civil, Paving and Quality Control Personnel to fill various positions at Large, BC road construction company, Send resume to PO Box 843, Kamloops, BC, V2C SM8 or

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Supervisor - The Grocery People
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Edmonton location, you will be
responsible for the overall safety
and training of our city drivers
and highway lease operators
Also, you will oversee the safety
function throughout our
distribution centre and various
retailing locations with the end
result being COR certification.
Duties will include conducting
safety review meetings.
emergency response, coordinating safety training and
programs (POIC, TDG, WHMIS,
EEMV), and assetting in the
recruitment of lease operators.
Applicants must have completed
a business management and/or
CITT or CRSP program, hold
industry/training certification in
PDIC, TDG, WHMIS and EEMV
as well as a Class i licence with
driving experience (with a clear
driver abstract). Applicants must
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be effective in dealing with
driving experience (with a clear
driver abstract). Applicants must
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be effective in dealing with
Linear and the clear
second a resume, stating salient
Resources, The Goccery People
Succeed in this position please
send a resume, stating salient
Edmonton AB, TSL 3C4
Tex780-447-781
humanersources@igp ca
We
Hank all applicants

780-447-5781 Email humanresources@igp.ca We thank all applicants for their interest, but only those candidates selected for an interview will be contacted YOUNG'S EQUIPMENT INC is the largest CaseIH Dealer in southern Saskatchewan. We are currently seeking Parts and Service Technicians for our new building in Weyburn, as well as our Assinibiola location. We are clooking for individuals that demonstrate positive attitude with a desire to help our customers succeed by providing a high related to service. We will consider technicians with "other brand" or automotive experience. Find for automotive experience Find for automotive experience Find for Send your resume attention to Kirby Englele at 306-565-2420 (lax) or mile.

kengele@youngsequipment.com www.youngsequipment.com 1600. Volunteers Wanted

Canadian Liver Foundation:

the Arts is looking for VOLUNTEER ARTISTS to

## Artists Wanted

Audition Notice: Actors, Students, tEntertainers, Performers Wanted! Holding auditions for Edmonton's newest Live Informercial Tearin! We are looking for flexible, dedicated actors who are able to deliver a passionate

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# **CRUISIN' THE COSMOS**



AQUARIUS (IAN. 20 – FEB. 18)
Take a break from all the hustle and bustle for a few and check out your thoughts and emotions as though they were common folks and you were people watchin! You'll findout some pretty amazing stuff about some of the characters inside your head, but bein' a matchmaker and puttin' a perfect pair together will make you beaucoup bread!

PISCES (FEB. 19 – MARCH 20)

They say too much of a good thing ain't always good for the soul and with the Sun, Mercury and Venus all joinin' you this week, you'll have minimal control. And, like any vehicle, when yours is outto a said control, it'll tend to crash and burn. At least this time you'll get to walk away in one piece with a chance to learn!

ARIES (MARCH 21 – APRIL 19)
After the weekend you'll be feelin'
the friction from the Moon passin'
time opposite your sign. You'll have
plenty fire to drive you to whatever
you desire, but you've gotta be on
the ball with your combustibility.
Burnin' bridges ain't the best idea,

TAURUS (APRIL 20 – MAY 20)
From troubles and tears, opportunity rears its li'll horned head and gives you a chance to earn some more bread. Just don't think you can do it without gettin' a scratch. That's the problem with success –

there's always a catch!

GEMINI (MAY 21 – JUNE 20)

Oh oh! That's the trouble with bein' such a straight-talkin', tell-'em-what-you're-thinkin' type o' person: you tend to ruffle your fair share o' feathers. Well, no matter how much flappin' is happenin' just stand your ground 'cause you don't gotta go nowhere and your argument's sound!

CANCER (JUNE 21 – JULY 22) You'll be tempted to do something

on a whim this week and it might not be the wisest idea you've had, so to speak. Before you do something impulsive, make sure of where you stand or you could just be jumpin' into the fire from outta

the fryin' pan!

LEO (JULY 23 – AUG. 22)
Takin' a whole new direction makes for a lotta work, but what the heck

are you worried about? You're Leo the lion and this week the Moon's in your sign! You've got the courage and cunning of the king of all cats so whatever you're up against should be about as scary as gnats!

VIRGO (AUG. 23 - SEPT. 22)

Known for being a person of distinction and discriminating taste, this is not an image you want to screw with out of haste. Stand firm and keep a stiff upper lip 'cause givin' in to your base instincts will scuttle your ship and see your poll figures dip.

LIBRA (SEPT. 23 – OCT. 22)
The tension from the Sun opposing you and the Moon before the weekend will cause you to crack if you don't go on the offensive and be the first to attack. Tucker yourself out! Walk! Run! Lift weights! Swim! Dance! If you're too tired to cause

trouble, your chances of makin'

it through the week unscathed'll

doublet

SCORPIO (OCT. 23 - NOV. 21)

You're strong enough. You're smart enough. There's no question you wanted it enough. So why didn't you win? Well, mostly 'cause the stars ain't on your side this week. Tough it out for a little while longer and next week, when the time's fi

nally right, you'll be even stronger!

SAGITTARIUS (NOV.22 – DEC. 21)
Lately your laid-back attitude of
laissez-faire has given you plenty
of time to spare. Maybe it's because
you're confusing laissez with lazy?
Either way, get ready to work after
the weekend, 'cause here comes
the faire part!

CAPRICORN (DEC. 22 – JAN. 19)
Sometimes you've just gotta be happy with the way things are. You're not like one of those suckers who believes everything they read in the back of a magazine, are you? Even if you aren't, you could still lose a fortune on get-rich-quick schemes before you even realize how they prey on your dreams!

SAVAGE (cont'd from p. 26)

coming from that he eventually asked/advised/ordered me to shut the fuck up.
Keep fucking the girlfriend's fucking brains right fucking out, CB, but shut the fuck up.
Odds are that she'll learn to relax

The plot thickens: A couple days ago, my "straight" crush ordered an eight-inch dildo, molded from a real dick, complete with balls! He got it to use on himself! He says because there's not going to be another male present when he uses it, and thus no romance,

fantasizing about a lady-parts-having woman-person pegging him when he jams that dildo up his ass, then maybe — maybe — he could be believed when he claims to be a straight dude into anal penetration. But a guy who fails to mention a burning desire for pussy to shore up his straight cred —

I DEFINE BEING SEXUAL AS ENJOYING NOT ONLY THE SEXUAL INTERACTIONS POSSIBLE BETWEEN PREFERRED GENDERS, BUT ALSO THE EMOTIONAL SATISFACTION, OR ROMANCE.

DOES HE HAVE A POINT?

and open up about sex, like my boyfriend did. But in the meantime, CB, try to resist the urge to lesbian this thing into the ground by communicating it to death.

For several months now, I've had a growing attraction to one of my good male friends. I am an open bisexual male, and my friend is "straight." We've had relations—me blowing him, him jerking me—but he's adamant that he is not attracted to males at all. He nevertheless sleeps with me in my bed when he spends the night.

the act will be "straight." I define being sexual as enjoying not only the sexual interactions possible between preferred genders, but also the emotional satisfaction, or romance. Does he have m point?

Absolutely Hate Acronyms

Wasn't there "another male present" when you were giving him blowjobs, AHA, and he was jerking you? Maybe if your "straight" friend wasn't accepting blowjobs from another man and swore on a stack of vintage Playboys that he would be

particularly in conversation with a dude who blows him — and instead falls back on a lame "no homo" rationalization ("Hey, it's not like the dildo brought me flowers or anything gay like that!") is a lot of things, but straight ain't one of 'em.

If your straight friend manages to fuck some sense into himself on that dildo, AHA, you might want to take a turn on it yourself.

Find the Savage Lovecast (my weekly podcast) every Tuesday at thestranger.com/savage. mail@savagelove.net









EY . ADVICE

# A Marriage Safety Valve?



SAVAGE LOVE DAN SAVAGE
SCRATCHING THAT
SEVEN-YEAR ITCH MAY
LIKELY LEAD TO ONE
MORE SEVEN-YEAR ITCH

I am a straight man. From high school through college and after, I loved me some women. Then I met my present girl 10 years ago. I fell head over heels for her. I still love her. But, little by little, she has become boring to me. Our sex life has cooled. Days run together with mundane activities like watching TV, going to the store, and hanging out with our kids.

We own a house, we're financial

stable, we look very traditional. But I am far from conservative. I love nightlife, crazy friends, and good drink. She was aware of this when we met because we ran in the same circles. My boredom is compounded by a craving for sex with other women. It doesn't matter who - the girl at the coffee shop, the checker at Whole Foods, every chick at the gym -I'm up to my eyeballs in covet. I want out. I want to be a father to my kids and take care of my wife financially. But I want out. I am a few years from 40. What is the best course of action? Too Young To Flail

One day, I'm gonna throw my hands in the air and declare that, from that blessed day forward, I shall no longer tinker with the machinery of monogamy.

That day hasn't arrived, as I still have mortgage payments to make and opfamily - and your hypothetical second family and that poor barista through that, TYTF, why not risk levelling with the wife you've got now? Your marriage is already on the ropes, TYTF, so you don't have a lot to lose. Ask to have a "safety valve" installed on your marriage in the form of permission to have a discreet, mutually-agreed-upon affair, should the right opportunity/barista present itself/herself. It may not be a pleasant thing for your wife to hear, but "I'm leaving you to go fuck a barista to be named later" won't be music to her ears, either.

She may surprise you, TYTF. It's entirely possible – I hope you're sitting down for this – that you bore her just as much as she bores you. If she's itching for a few adventures of her own, social and sexual, then spend whatever money you were planning to spend on lawyers and counseling for your kids on flying grandparents in to look after the kids while you

WHY DOES SOCIETY CONSIDER IT MORE MORAL FOR YOU TO BREAK UP A
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You say you want out, TYTF, but are you sure about that? In her book I Don't: A Contrarian History of Marriage, Susan Squire asks: "Why does society consider it more moral for you to break up a marriage, go through a divorce, disrupt your children's lives maybe forever, just to be able to fuck someone with whom the fucking is going to get just as boring as it was with the first person before long?" (Emphasis added.)

Writing about Representative Christopher "Craigslist Congressman" Lee last week on Balloon Juice — a blog I read daily — BJ contributor "Mastermix" said: "If we want to do something about the high divorce rate, we might want to get real [about] the role of a discreet, mutually-agreedupon affair as a safety valve."

In other words, TYTF, destroy the only home your kids have known and put yourself and the wife through the hell of divorce, and here's what happens next: You dog around for a few years and before long you shack up with a new woman - a woman who might want or already has a kid or two of her own - and a few years after that, you're trapped in another monogamous relationship that bores you, and a few years after that, you're writing to ask if you should put your second wife and your new kids through the pain of a divorce all so you can make an embarrassing pass at a barista who has zero interest in fucking you.

Instead of putting your current

two head out for a weekend away. But if all she wants is to stay at home in front of the TV with the kids, tell her that to preserve your sanity and, paradoxically, your marriage, you're going to go out and have some adventures on your own.

If she leaves you over it, TYTF, then you got what you wanted: out.

I'm a 31-year-old lesbian. My girlfriend is in her 30s, but save for a few one-night stands, she has never been with a woman before. I've never had better sex than the sex I'm having with her. When I try to talk to her about this, she gets anxious and makes self-deprecatory comments. I want to be with her for the long haul – our dreams fit together – I just need to figure out how to communicate with her about how greatour sex is. Got any advice? Communication Breakdown

Yeah, CB, I've got some advice for you: Shut the fuck up. I had this awesome new boyfriend once, and the sex was so freaking great that I felt compelled to communicate with him about how great it was. "This is so great," I would tell him. "Let's try to figure out where all this greatness is coming from!" But he didn't enjoy talking about sex - particularly while we were having sex - and he got so annoyed with my attempts to figure out where all this greatness was SAVAGE cont'd on p. 25



HOLOGRAMMA ... can you bake me some cookies now?

OR THIS FUNCTION.

Well, that's ok. But do you think you could maybe tell me a a bedtime story, instead? I SID DUT OR

THEN CAN I JUST HAVE A HUG LIKE WHEN YOU WERE ALIVE?

HOLOGRAMMA?!?









# McScoop the News Dog

I'm going straight for the jugular here: how would you describe your music?

Well, we don't like to be put in boxes or have labels attached to music.



Your candour is great! Changing gears, who is the zaniest guy in the band?

Uh, well, we're all pretty quiet



Spring Renewal

No immediate plans. We're going to finish the tour and maybe rest for a few months, then decide.

your plans for the future?

Jesus, McScoop, these are the most boring quotes I've ever seen.

Go fuck a turtle, you copy editor piece of shit!



Spring's Promise wack in old form with new album; rock the Coliseum

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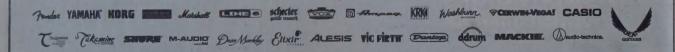


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